



State of California
 Department of
 Industrial Relations

Resources for Workers and Employers in the Sacramento Area

Department of Industrial Relations

www.dir.ca.gov



Labor Commissioner's Office

Wage and Hour Questions

2031 Howe Avenue,
 Suite 100
 Sacramento, CA 95825
(916) 263-1811

31 East Channel Street,
 Room 317
 Stockton, CA 95202
(209) 948-7771

250 Hemsted Drive,
 2nd Floor, Suite A
 Redding, CA 96002
(530) 225-2655

Division of Occupational Safety and Health (Cal/OSHA)

Workplace Safety and Health Questions

To report workplace hazards

1750 Howe Avenue, Suite 430
 Sacramento, CA 95828
(916) 263-2800

381 Hemsted Drive
 Redding, CA 96002
(530) 224-4743

Division of Workers' Compensation Information and Assistance

Job Injury Questions

160 Promenade Circle,
 Suite 300 Sacramento,
 CA 95834
(916) 928-3158

31 East Channel St,
 Room 344
 Stockton, CA 95202
(209) 948-7759

250 Hemsted Drive,
 Suite B
 Redding, CA 96002
(530) 225-2845

Outreach Campaigns





State of California
Department of
Industrial Relations

Recursos para Trabajadores y Empleadores en la Zona de Sacramento

Departamento de Relaciones Industriales



www.dir.ca.gov

Oficina de la Comisionada Laboral

Preguntas sobre Salarios y Jornadas

2031 Howe Avenue,
Suite 100
Sacramento, CA 95825
(916) 263-1811

31 East Channel Street,
Room 317
Stockton, CA 95202
(209) 948-7771

250 Hemsted Drive,
2nd Floor, Suite A
Redding, CA 96002
(530) 225-2655

División de Seguridad y Salud Ocupacional

Preguntas sobre Seguridad y Salud en el Trabajo

Para denunciar peligros en el lugar de trabajo

1750 Howe Avenue, Suite 430
Sacramento, CA 95828
(916) 263-2800

381 Hemsted Drive
Redding, CA 96002
(530) 224-4743

Unidad de Información y Asistencia de la División de Compensación de los Trabajadores

Preguntas sobre Lesiones en el Trabajo

160 Promenade Circle,
Suite 300 Sacramento,
CA 95834
(916) 928-3158

31 East Channel St, Room 344
Stockton, CA 95202
(209) 948-7759

250 Hemsted Drive,
Suite B
Redding, CA 96002
(530) 225-2845

Campañas Educativas

