

Hart, Marley@DIR

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**From:** N B [nbulk@yahoo.com]  
**Sent:** Tuesday, January 31, 2012 3:10 AM  
**To:** Hart, Marley@DIR  
**Subject:** Re: Petition Request

Hi Marley,

Yes, this is correct.

Here are a few studies that I hope will clarify the scientific basis for my concern. This way you aren't just taking my word for it, although my testimony is that my back hurt so bad that I would wake up and not be able to breathe. This was just after driving for one year 12 hours a day 60 hours a week, and only being 25 years of age and very fit and otherwise healthy. My step dad suffered the same symptoms, and he was a truck driver as well, for many years. From what I've read many other truck driver's also suffer back pain.

<http://oem.bmj.com/content/early/2008/01/23/oem.2007.035147.abstract>

<http://pih.sagepub.com/content/213/6/435.abstract>

<http://wholebodyvibration.org/Railroad%20Research%20Articles2.htm#Journal%20of%20Occupational%20Medicine/Volume%2033%20No.%205/May%201991>

<http://www.ncbi.nlm.nih.gov/pubmed/21698878>

and there are many many more studies.

It appears that the UK has regulations regarding this already in place

<http://www.hse.gov.uk/vibration/wbv/regulations.htm>

I'm proposing regulations be set forth here in California so that more truck drivers need not suffer the pain of lower back aches. This is costly, as it leads to lower productivity, days missed from working, increased medical costs and lower overall morale.

Thanks for your help.

Should you require any further assistance from me, please don't hesitate to ask.

Sincerely,

Aaron Crane

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**From:** "Hart, Marley@DIR" <MHart@dir.ca.gov>

**To:** "nbulk@yahoo.com" <nbulk@yahoo.com>

**Sent:** Monday, December 19, 2011 9:59 AM

**Subject:** Petition Request

Mr. Crane,

On Thursday, December 15, 2011, I received a telephone call from you, requesting the Occupational Safety and Health Standards Board to create a new regulation that would impact truck drivers. You would like a whole body vibration quotient for truck drivers, which would state how much vibration would be allowed in the cab of a truck for an 8 hour driving period.

Your information is as follows:

Aaron Crane  
25A Crescent Drive, #107  
Pleasant Hill, CA 94523  
916-912-7846

Please respond to this email, letting me know if the above information is correct. If you have further information to provide, please do so. Upon receipt of your response, the Occupational Safety and Health Standards Board will assign a Petition Number to your request.

Thank you,

Marley Hart  
Executive Officer  
Standards Board  
[mhart@dir.ca.gov](mailto:mhart@dir.ca.gov)