

Harness the Power of Medical Management

Medical Provider Networks (MPN)

http://www.dir.ca.gov/dwc/MPN/DWC_MPN_Main.html

Health Care Organizations (HCO)

<http://www.dir.ca.gov/dwc/HCO.htm>

Utilization Review (UR)

http://www.dir.ca.gov/dwc/UR_Main.htm

Medical Treatment Utilization Schedule

http://www.dir.ca.gov/dwc/MTUS/MTUS_RegulationsGuidelines.html

The medical treatment utilization schedule (MTUS) provides medical treatment guidelines for utilization review and an analytical framework for the evaluation and treatment of injured workers. It helps medical providers understand which evidenced-based treatments have been effective in providing improved medical outcomes to those workers. The MTUS is promulgated by the DWC administrative director under Labor Code sections 5307.27 and 4604.5, and can be found in sections 9792.20 et seq. of Title 8, California Code of Regulations.

The special topics of the MTUS addresses issues in common across the clinical topics and are set forth in § 9792.24.1 et seq. of Title 8, California Code of Regulations.

General approaches

The DWC administrative director adopts and incorporates specific guidelines into the MTUS set forth from the ACOEM Practice Guidelines for the chapters on prevention, general approach to initial assessment and documentation, initial approaches to treatment, cornerstones of disability prevention and management. The general approaches section of the MTUS are set forth in § 9792.22 of Title 8, California Code of Regulations and are based on chapters 1, 2, 3, and 5 as adopted from the ACOEM Practice Guidelines, 2nd edition (2004).

Copies of the ACOEM Practice Guidelines are available for review at local DWC offices. Copies of this publication may also be obtained from:

American College of Occupational and Environmental Medicine
25 Northwest Point Blvd., Suite 700
Elk Grove Village, Illinois, 60007-1030
www.acoem.org

The remainder of the MTUS, which is not copyrighted by ACOEM can be reviewed and downloaded from the DWC Web site: http://www.dir.ca.gov/dwc/DWCPropRegs/MTUS_Regulations/MTUS_Regulations.htm.

Copies may also be obtained from:

Division of Workers' Compensation
Medical Unit
P.O. Box 71010
Oakland, CA 94612-1486

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Clinical topics

The clinical topics apply to the initial management and subsequent treatment of presenting complaints specific to the body part as set forth in § 9792.23.1 et seq. of Title 8, California Code of Regulations.

- Neck and upper back complaints

These guidelines are based on the neck and upper back complaints chapter as adopted from the ACOEM Practice Guidelines, 2nd edition (2004), chapter 8. Section 9792.23.1 of Title 8, California Code of Regulations sets forth the neck and upper back complaints clinical topic guidelines.

Special topics that apply to the neck and upper back complaints guidelines:

Acupuncture medical treatment guidelines - § 9792.24.1

Chronic pain medical treatment guidelines - § 9792.24.2

Postsurgical treatment guidelines - § 9792.24.3

- Shoulder complaints

These guidelines are based on the shoulder complaints chapter as adopted from the ACOEM Practice Guidelines, 2nd edition (2004), chapter 9 and are set forth in § 9792.23.2 of Title 8, California Code of Regulations.

Special topics that apply to the shoulder complaints guidelines:

Chronic pain medical treatment guidelines - § 9792.24.2

Postsurgical treatment guidelines - § 9792.24.3

- Elbow disorders

These guidelines are based on the elbow disorders chapter as adopted from the ACOEM Practice Guidelines, 2nd Edition (Revised 2007), chapter 10 and are set forth in § 9792.23.3 of Title 8, California Code of Regulations.

Special topics that apply to the elbow disorders guidelines:

Acupuncture medical treatment guidelines - § 9792.24.1

Chronic pain medical treatment guidelines - § 9792.24.2

Postsurgical treatment guidelines - § 9792.24.3

- Forearm, wrist, and hand complaints

These guidelines are based on the forearm, wrist, and hand complaints chapter as adopted from the ACOEM Practice Guidelines, 2nd edition (2004), chapter 11 and are set forth in § 9792.23.4 of Title 8, California Code of Regulations.

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Special topics that apply to the forearm, wrist, and hand complaints guidelines:

Acupuncture medical treatment guidelines - § 9792.24.1

Chronic pain medical treatment guidelines - § 9792.24.2

Postsurgical treatment guidelines - § 9792.24.3

- Low back complaints

These guidelines are based on the low back complaints chapter as adopted from the ACOEM Practice Guidelines, 2nd edition (2004), chapter 12 and are set forth in § 9792.23.5 of Title 8, California Code of Regulations.

Special topics that apply to the low back complaints guidelines:

Acupuncture medical treatment guidelines - § 9792.24.1

Chronic pain medical treatment guidelines - § 9792.24.2

Postsurgical treatment guidelines - § 9792.24.3

- Knee complaints

These guidelines are based on the knee complaints chapter as adopted from the ACOEM Practice Guidelines, 2nd edition (2004), chapter 13 and are set forth in § 9792.23.6 of Title 8, California Code of Regulations.

Special topics that apply to the knee complaints guidelines:

Acupuncture medical treatment guidelines - § 9792.24.1

Chronic pain medical treatment guidelines - § 9792.24.2

Postsurgical treatment guidelines - § 9792.24.3

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- Ankle and foot complaints

These guidelines are based on the ankle and foot complaints chapter as adopted from the ACOEM Practice Guidelines, 2nd edition (2004), chapter 14 and are set forth in § 9792.23.7 of Title 8, California Code of Regulations.

Special topics that apply to the ankle and foot complaints guidelines:

Acupuncture medical treatment guidelines - § 9792.24.1

Chronic pain medical treatment guidelines - § 9792.24.2

Postsurgical treatment guidelines - § 9792.24.3

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- Stress related conditions

These guidelines are based on the stress related conditions chapter as adopted from the ACOEM Practice Guidelines, 2nd edition (2004), chapter 15 and are set forth in § 9792.23.8 of Title 8, California Code of Regulations.

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- Eye

These guidelines are based on the eye chapter as adopted from the ACOEM Practice Guidelines, 2nd edition (2004), chapter 16 and are set forth in § 9792.23.9 of Title 8, California Code of Regulations.

Special topics that apply to the guidelines for eye related conditions:

Chronic pain medical treatment guidelines 8 - § 9792.24.2

Special topics

The special topics of the MTUS addresses issues in common across the clinical topics and are set forth in § 9792.24.1 et seq. of Title 8, California Code of Regulations.

- Acupuncture medical treatment guidelines

The acupuncture guideline are set forth in § 9792.24.1 of Title 8, California Code of Regulations

- Chronic pain medical treatment guidelines

The chronic pain guidelines are set forth in § 9792.24.2 of Title 8, California Code of Regulations. The chronic pain guidelines (May 2009) consist of two parts and one appendix.

Chronic pain medical treatment guidelines

Appendix D contains the scientific literature references used in the chronic pain medical treatment guidelines

- Postsurgical treatment guidelines

The postsurgical treatment guidelines are set forth in § 9792.24.3 of Title 8, California Code of Regulations. These guidelines include two supporting documents.

Appendix C contains DWC's evidence-based review supporting the Postsurgical Treatment Guidelines

Appendix E contains Work Loss Data Institute-Official Disability Guidelines References for the Postsurgical Treatment Guidelines