



MTUS Drug List

Inclusion of Sorted Tabs for Exempt/Non-Exempt, Special Fill, and Peri-Op

Discussion for P&T Committee

January 23, 2019

MTUS Drug List v.4 (8 CCR §9792.27.15)

EFFECTIVE DATE: February 15, 2019

The MTUS Drug List must be used in conjunction with 1) the MTUS Guidelines, which contain specific treatment recommendations based on condition and phase of treatment and 2) the drug formulary rules. [See 8 CCR §9792.20 - §9792.27.23.] "Reference in ACOEM Guidelines" indicates guideline topic(s) which discuss the drug. In each guideline there may be conditions for which the drug is Recommended (✓), Not Recommended (×), or No Recommendation (⊙). Consult guideline to determine the recommendation for the condition to be treated and to assure proper phase of care use.

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2) Prescription/dispensing of Brand name "Exempt" drug where generic is available requires authorization through Prospective Review.

"Non-Exempt" or "Unlisted" drug requires authorization through Prospective Review prior to prescribing or dispensing. (See 8 CCR §9792.27.1 through §9792.27.23 for complete rules.)

** Special Fill - Indicates the Non-Exempt drug may be prescribed/dispensed without Prospective Review: 1) Rx at initial visit within 7 days of injury, and 2) Supply not to exceed #days indicated, and 3) is a generic or single source brand, or brand where physician substantiates medical necessity, and 4) if in accord with MTUS. (See 8 CCR § 9792.27.12.)

*** Perioperative Fill - Indicates the Non-Exempt drug may be prescribed/dispensed without Prospective Review: 1) Rx issued during the perioperative period (4 days before through 4 days after surgery), and 2) Supply not to exceed #days indicated, and 3) is a generic or single source brand, or brand where physician substantiates medical necessity, and 4) is in accord with MTUS. (See 8 CCR § 9792.27.13.)

Drug Ingredient	Reference Brand Name	Exempt/Non-Exempt*	Special Fill**	Peri-Op***	Drug Class	Reference in ACOEM Guidelines *	Dosage Form	Strength	Unique Pharmaceutical
Acetaminophen	Tylenol	Exempt			Analgesics - NonNarcotic	✓ Ankle and Foot Disorders ✓ Cervical and Thoracic Spine Disorders ✓ Chronic Pain ✓× Elbow Disorders ✓× Hand, Wrist, and Forearm Disorders ✓ Hip and Groin Disorders ✓ Knee Disorders ✓ Low Back Disorders ✓ Shoulder			
Acetyl L-Carnitine		Non-Exempt			Psychotherapeutic and Neurological Agents - Misc.	× Chronic Pain			
Acyclovir	Zovirax	Non-Exempt			Antivirals	⊙ Chronic Pain			
Adalimumab	Humira	Non-Exempt			Analgesics - Anti-Inflammatory (TNF-Alpha Blocker)	× Hip and Groin Disorders × Knee Disorders × Low Back Disorders			
Albuterol Sulfate	Proventil	Exempt			Antiasthmatic and Bronchodilator Agents	✓ Work Related Asthma			
Alcaltadine	Lastacalt	Exempt			Antihistamine and/or mast cell stabilization	✓ Eye			
Alclometazone Dipropionate	Acolovate	Non-Exempt			Dermatologicals	✓ Ankle and Foot Disorders			
Alendronate Sodium	Fosamax	Non-Exempt			Endocrine and Metabolic Agents- Misc. (Bisphosphonate)	✓ Chronic Pain ✓⊙ Hip and Groin Disorders ⊙ Knee Disorders × Low Back Disorders ✓ Shoulder			
Almotriptan Malate	Axert	Exempt			Migraine Products	✓ Traumatic Brain Injury			
Amantadine HCL	Symmetrel	Non-Exempt			Antiparkinson Agents (NMDA receptor antagonists)	× Chronic Pain × Low Back Disorders ✓⊙ Traumatic Brain Injury			
Aminoclonide	Cyclocort	Non-Exempt			Dermatologicals	✓ Ankle and Foot Disorders			

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MTUS Drug List v.34 (8 CCR §9792.27.15)

EFFECTIVE DATE: ~~October 1, 2018~~ February 15, 2019

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*** Perioperative Fill - Indicates the Non-Exempt drug may be prescribed/dispensed without Prospective Review: 1) Rx issued during the perioperative period (4 days before through 4 days after surgery), and 2) Supply not to exceed #days indicated, and 3) is a generic or single source brand, or brand where physician substantiates medical necessity, and 4) is in accord with MTUS. (See 8 CCR § 9792.27.13.)

Drug Ingredient	Reference Brand Name	Exempt/Non-Exempt*	Special Fill**	Peri-Op***	Drug Class	Reference in ACOEM Guidelines *	Dosage Form	Strength	Unique Pharmaceutical Identifier(s)
Acetaminophen	Tylenol	Exempt			Analgesics - NonNarcotic	✓ Ankle and Foot Disorders ✓ Cervical and Thoracic Spine Disorders ✓ Chronic Pain ✓× Elbow Disorders ✓× Hand, Wrist, and Forearm Disorders ✓ Hip and Groin Disorders ✓ Knee Disorders ✓ Low Back Disorders ✓ Shoulder			
Acetyl L-Carnitine		Non-Exempt			Psychotherapeutic and Neurological Agents - Misc	× Chronic Pain			
Acyclovir	Zovirax	Non-Exempt			Antivirals	⊙ Chronic Pain			
Adalimumab	Humira	Non-Exempt			Analgesics - Anti-Inflammatory (TNF-alpha blocker)	× Hip and Groin Disorders × Knee Disorders × Low Back Disorders			
Albuterol Sulfate	Proventil	Exempt			Antiasthmatic and Bronchodilator Agents	✓ Work Related Asthma			
Alcaftadine	Lastacaft	Exempt			Antihistamine and/or mast cell stabilization	✓ Eye			
Alcemetasone Dipropionate	Aclovate	Non-Exempt			Dermatologicals	✓ Ankle and Foot Disorders			

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Acetaminophen	Tylenol	Exempt			Analgesics - NonNarcotic	<ul style="list-style-type: none"> ✓ Ankle and Foot Disorders ✓ Cervical and Thoracic Spine Disorders ✓ Chronic Pain ✓× Elbow Disorders ✓× Hand, Wrist, and Forearm Disorders ✓ Hip and Groin Disorders ✓ Knee Disorders ✓ Low Back Disorders ✓ Shoulder 			
Capsaicin	Zostrix	Exempt			Dermatologicals (Topical creams and ointments)	<ul style="list-style-type: none"> ✓ Cervical and Thoracic Spine Disorders ✓⊖ Chronic Pain ✓ Hand, Wrist, and Forearm Disorders ✓ Hip and Groin Disorders ✓ Low Back Disorders ✓⊖ Shoulder 			
Carboxymethylcellulose Sodium Ophthalmic	Refresh Plus	Exempt			Ophthalmic Agents (Artificial Tears)	<ul style="list-style-type: none"> ✓ Eye 			
Cefuroxime Azetil	Ceftin	Exempt			Antibiotics (Cephalosporins)	<ul style="list-style-type: none"> ✓ Hand, Wrist, and Forearm Disorders 			
Choline Magnesium Trisilicate	Trilizate	Exempt			Analgesics - NonNarcotic (NSAID)	<ul style="list-style-type: none"> ✓ Ankle and Foot Disorders ✓ Cervical and Thoracic Spine Disorders ✓ Chronic Pain ✓×⊖ Elbow Disorders ✓×⊖ Hand, Wrist, and Forearm Disorders ✓⊖ Hip and Groin Disorders ✓⊖ Knee Disorders ✓ Low Back Disorders ✓ Shoulder 			
Cimetidine	Tagamet	Exempt			Ulcer Drugs (H2 receptor blocker)	<ul style="list-style-type: none"> ✓ Cervical and Thoracic Spine Disorders ✓ Elbow Disorders ✓ Hand, Wrist, and Forearm Disorders ✓ Hip and Groin Disorders ✓ Knee Disorders ✓ Low Back Disorders ✓ Shoulder ✓ Traumatic Brain Injury 			

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Drug Ingredient	Reference Brand Name	Exempt/Non-Exempt*	Special Fill**	Peri-op***	Drug Class	Reference in ACOEM Guidelines *	Dosage Form	Strength	Unique Pharmaceutical
Baclofen	Lioresal	Non-Exempt	4 Days	4 Days	Musculoskeletal Therapy Agents (Muscle Relaxants)	✓/x Cervical and Thoracic Spine Disorders ✓/x Chronic Pain ✓/x Hip and Groin Disorders x/⊗ Knee Disorders ✓/x Low Back Disorders ✓/x Shoulder ✓/ Traumatic Brain Injury			
Betamethasone	Celestone	Non-Exempt	4 Days		Corticosteroids	✓/x Ankle and Foot Disorders ✓/x Cervical and Thoracic Spine Disorders ✓/ Chronic Pain ✓/⊗ Elbow Disorders ✓/x Hand, Wrist, and Forearm Disorders ✓/x Hip and Groin Disorders ✓/⊗ Knee Disorders ✓/x Low Back Disorders ✓/⊗ Shoulder			
Cortisone	Cortone	Non-Exempt	4 Days		Corticosteroids	✓/x Ankle and Foot Disorders ✓/x Cervical and Thoracic Spine Disorders ✓/x Chronic Pain ⊗ Elbow Disorders ✓/⊗ Hand, Wrist, and Forearm Disorders x Hip and Groin Disorders ✓/x Low Back Disorders ✓/⊗ Shoulder			
Cyclobenzaprine HCL	Fleeril	Non-Exempt	4 Days		Musculoskeletal Therapy Agents (Muscle Relaxants)	✓/x Cervical and Thoracic Spine Disorders ✓/x Chronic Pain x Hip and Groin Disorders x/⊗ Knee Disorders ✓/x Low Back Disorders ✓/x Shoulder			
Dantrolene Sodium	Dantrium	Non-Exempt	4 Days		Musculoskeletal Therapy Agents (Muscle Relaxants)	✓/x Cervical and Thoracic Spine Disorders x Chronic Pain x Hip and Groin Disorders x Knee Disorders x Low Back Disorders x Shoulder ✓/ Traumatic Brain Injury			

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Baclofen	Lioresal	Non-Exempt	4 Days	4 Days	Musculoskeletal Therapy Agents (Muscle Relaxants)	<ul style="list-style-type: none"> ✓x Cervical and Thoracic Spine Disorders ✓x Chronic Pain ✓x Hip and Groin Disorders ✓x Knee Disorders ✓x Low Back Disorders ✓x Shoulder ✓x Traumatic Brain Injury 			
Gabapentin	Neurontin	Non-Exempt		4 Days	Anticonvulsants	<ul style="list-style-type: none"> ✓x Cervical and Thoracic Spine Disorders ✓ Chronic Pain ✓x Hip and Groin Disorders ✓x Knee Disorders ✓x Low Back Disorders ✓x Shoulder 			
Hydrocodone/Acetaminophen	Norco, Vicodin, Xodol	Non-Exempt	4 Days	4 Days	Analgesics - Opioid	<ul style="list-style-type: none"> ✓x Ankle and Foot Disorders ✓x Cervical and Thoracic Spine Disorders ✓x Chronic Pain ✓x Elbow Disorders ✓x Hand, Wrist, and Forearm Disorders ✓ Hip and Groin Disorders ✓ Knee Disorders ✓x Low Back Disorders ✓x Shoulder 			
Morphine Sulfate		Non-Exempt	4 Days	4 Days	Analgesics - Opioid	<ul style="list-style-type: none"> ✓x Ankle and Foot Disorders ✓x Cervical and Thoracic Spine Disorders ✓x Chronic Pain ✓x Elbow Disorders ✓x Hand, Wrist, and Forearm Disorders ✓ Hip and Groin Disorders ✓ Knee Disorders ✓x Low Back Disorders ✓x Shoulder 			
Oxycodone HCL	OxyContin, Roxicodone	Non-Exempt	4 Days	4 Days	Analgesics - Opioid	<ul style="list-style-type: none"> ✓x Ankle and Foot Disorders ✓x Cervical and Thoracic Spine Disorders ✓x Chronic Pain ✓x Elbow Disorders ✓x Hand, Wrist, and Forearm Disorders ✓ Hip and Groin Disorders ✓ Knee Disorders ✓x Low Back Disorders ✓x Shoulder 			

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