

<b>Case Number:</b>	CM15-0079884		
<b>Date Assigned:</b>	04/30/2015	<b>Date of Injury:</b>	11/03/2014
<b>Decision Date:</b>	05/29/2015	<b>UR Denial Date:</b>	04/09/2015
<b>Priority:</b>	Standard	<b>Application Received:</b>	04/27/2015

### HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/Service. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

The Expert Reviewer has the following credentials:

State(s) of Licensure: Maryland

Certification(s)/Specialty: Internal Medicine, Rheumatology

### CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The injured worker is a 48 year old female with an industrial injury dated 11/03/2014. Her diagnoses included radial styloid tenosynovitis (right), Medial epicondylitis of elbow and cumulative trauma from repetitive motion. Prior treatments included medications, physical therapy and a brace. She presents on 03/26/2015 with right thumb pain. Physical exam revealed a very slight enlargement at the base of the thumb with no other deformities noted. Treatment plan included anti-inflammatory medications, a palmar-based thumb Spica brace and a Judah conductive garment glove.

### IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

**Judah Conductive Garment Glove:** Upheld

**Claims Administrator guideline:** Decision based on MTUS Chronic Pain Treatment Guidelines TENS.

**MAXIMUS guideline:** Decision based on MTUS Chronic Pain Treatment Guidelines 114-116.

**Decision rationale:** This 48 year old female has complained of left elbow pain, hand pain and wrist pain since date of injury 11/3/14. She has been treated with physical therapy and

medications. The current request is for a Judah Conductive Garment Glove. Per the MTUS guideline cited above, a 1 month trial of TENS unit therapy should be documented including documentation of how often the TENS unit was used as well as outcomes in terms of pain relief and function with use of the TENS unit. The available medical records included for review do not include this documentation. On the basis of the cited MTUS guideline and the lack of documentation, a Judah Conductive Garment Glove is not medically necessary.