

Case Number:	CM15-0077859		
Date Assigned:	04/29/2015	Date of Injury:	06/19/2014
Decision Date:	05/26/2015	UR Denial Date:	04/09/2015
Priority:	Standard	Application Received:	04/23/2015

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/Service. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

The Expert Reviewer has the following credentials:

State(s) of Licensure: New York

Certification(s)/Specialty: Internal Medicine, Pulmonary Disease

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The injured worker is a 45 year old female who sustained an industrial injury on 6/19/14. The injured worker reported symptoms in the back. The injured worker was diagnosed as having sprain/strain lumbar spine and hematuria. Treatments to date have included oral pain medication, nonsteroidal anti-inflammatory drugs, and physical therapy, rest, icing, and muscle relaxants. Currently, the injured worker complains of discomfort in the lumbar spine. The plan of care was for a cystoscopy and a follow up appointment at a later date.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Marshall stress test: Overturned

Claims Administrator guideline: The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation <http://www.ncbi.nlm.nih.gov/pubmed/3564227>.

MAXIMUS guideline: The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation Campbell=Walsh Urology, 10th Edition.

Decision rationale: The patient is a 45 year old female with an injury on 06/19/2014. She had back pain and hematuria. The Marshall stress test is coughing with a full bladder to assess urinary incontinence and is medically necessary for this patient.