

<b>Case Number:</b>	CM15-0049731		
<b>Date Assigned:</b>	03/23/2015	<b>Date of Injury:</b>	10/15/2009
<b>Decision Date:</b>	06/30/2015	<b>UR Denial Date:</b>	03/03/2015
<b>Priority:</b>	Standard	<b>Application Received:</b>	03/16/2015

### HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/Service. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

The Expert Reviewer has the following credentials:

State(s) of Licensure: California

Certification(s)/Specialty: Chiropractor, Oriental Medicine

### CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The injured worker is a 43-year-old female, who sustained an industrial injury on 10/15/2009. She reported injuring her left hand/wrist while trying to grab a case of paper. The injured worker is currently off work. The injured worker is currently diagnosed as having bilateral elbow epicondylitis, bilateral elbow/forearm strain, left elbow ulnar neuritis, left wrist sprain, and bilateral hand/wrist overuse syndrome. Treatment and diagnostics to date has included physical therapy, acupuncture, and medications. In a progress note dated 02/11/2015, the injured worker presented with complaints of bilateral wrist, right arm, and left forearm pain. Objective findings include bilateral elbow and wrist pain. The treating physician reported requesting authorization for acupuncture.

### IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

**Acupuncture 2x6 bilateral hands:** Upheld

**Claims Administrator guideline:** Decision based on MTUS Acupuncture Treatment Guidelines.

**MAXIMUS guideline:** Decision based on MTUS Acupuncture Treatment Guidelines. Decision based on Non-MTUS Citation Official Disability Guidelines (ODG) Hand, wrist, forearm/ Acupuncture.

**Decision rationale:** Patient has had prior acupuncture treatment. Provider requested additional 2X6 acupuncture sessions which were non-certified by the utilization review. Requested visits exceed the quantity supported by cited guidelines. There is no assessment in the provided medical records of functional efficacy with prior acupuncture visits. Medical reports reveal little evidence of significant changes or improvement in findings, revealing a patient who has not achieved significant objective functional improvement to warrant additional treatment. Additional visits may be rendered if the patient has documented objective functional improvement. Per MTUS guidelines, Functional improvement means either a clinically significant improvement in activities of daily living or a reduction in work restrictions as measured during the history and physical exam or decrease in medication intake. ODG and ACOEM guidelines do not recommend acupuncture for wrist pain. Per review of evidence and guidelines, 2X6 acupuncture treatments are not medically necessary.