

Decision rationale: The patient has documented obesity and the nutritional counseling appears to be ordered to address her weight as a weight loss program. The MTUS and the Official Disability Guidelines are silent on the topic of medical weight loss programs. The [REDACTED] Clinical Policy Bulletin: Weight Reduction Medications and Programs was referenced in regard to the request. This policy is supported by NHLBI Guidelines on Diagnosis and Management of Obesity. [REDACTED] considers the following medically necessary treatment of obesity when criteria are met: 1. Weight reduction medications; and 2. Clinician supervision of weight reduction programs. The request does not contain documentation that the above criteria are met. [REDACTED] for 6 Visits for Weight Loss is not medically necessary.