

<b>Case Number:</b>	CM15-0117201		
<b>Date Assigned:</b>	06/25/2015	<b>Date of Injury:</b>	03/14/2003
<b>Decision Date:</b>	07/28/2015	<b>UR Denial Date:</b>	05/19/2015
<b>Priority:</b>	Standard	<b>Application Received:</b>	06/17/2015

### HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/Service. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

The Expert Reviewer has the following credentials:

State(s) of Licensure: California

Certification(s)/Specialty: Family Practice

### CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The injured worker is a 54 year old male who sustained an industrial injury on 03/14/2003. The injured worker was diagnosed with lumbar degenerative intervertebral disc, lumbar spondylosis, organic impotence and voiding dysfunction. The injured worker is status post back surgery prior to the current injury. Treatment to date has included diagnostic testing, psychotherapy and medications. January 19, 2015 report noted that the injured worker is doing well on Viagra as instructed with improvement in erectile dysfunction. According to the treating physician's progress report on April 20, 2015, the injured worker continues to experience increased urinary frequency and nocturia. He reports waking at night about 6 times to void. The injured worker reports Vesicare 5mg was not beneficial and headaches takes Cialis as needed as a booster for potentiation of his erections. Objective findings were within normal limits. Medical reports in February and March 2015 regarding the injured worker's low back pain noted the injured worker was prescribed Lidoderm Patch, Hydrocodone and Morphine Sulfate (MS Contin/Oramorphine SR). Current medications prescribed by urology are listed as Vesicare, Cialis and Viagra. Treatment plan consists of the current request for increasing Vesicare to 10mg, Cialis daily (as needed) and Viagra medications.

### IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

**Vesicare 10mg #30 x 3:** Upheld

**Claims Administrator guideline:** The Claims Administrator did not cite any medical evidence for its decision.

**MAXIMUS guideline:** The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation  
<http://www.nlm.nih.gov/medlineplus/druginfo/meds/a605019.html>.

**Decision rationale:** According to [nlm.nih.gov/medlineplus](http://nlm.nih.gov/medlineplus), Solifenacin is used to treat overactive bladder (a condition in which the bladder muscles contract uncontrollably and cause frequent urination, urgent need to urinate, and inability to control urination). Solifenacin is in a class of medications called antimuscarinics. It works by relaxing the bladder muscles. The injured worker is diagnosed with voiding dysfunction. Vesicare 5mg has not been effective and the request to increase Vesicare to 10 mg is supported. However, the request for 3 refills is not indicated as the injured worker has been approved for a follow up in 2 months and Utilization Review has allowed for modification to allow for this medication plus one refill. It would be reasonable to determine the efficacy of the increased dosage at the next follow up prior to supporting the request for additional refills. The request for Vesicare 10mg #30 x 3 is therefore not medically necessary and appropriate.

**Cialis 5mg #30 x2:** Upheld

**Claims Administrator guideline:** The Claims Administrator did not cite any medical evidence for its decision.

**MAXIMUS guideline:** The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation  
<http://www.nlm.nih.gov/medlineplus/druginfo/meds/a604008.html>.

**Decision rationale:** According to [nlm.nih.gov/medlineplus](http://nlm.nih.gov/medlineplus), Tadalafil (Cialis) is used to treat erectile dysfunction (ED, impotence; inability to get or keep an erection), and the symptoms of benign prostatic hyperplasia (BPH; an enlarged prostate) which include difficulty urinating (hesitation, dribbling, weak stream, and incomplete bladder emptying), painful urination, and urinary frequency and urgency in adult men. The injured worker is diagnosed with organic impotence and is being prescribed Viagra. The January 19, 2015 report noted that the injured worker is doing well on Viagra as instructed with improvement in erectile dysfunction. The request for adding Cialis as a booster is not supported as the injured worker is noted to be doing well on Viagra. The request for Cialis 5mg #30 x2 is not medically necessary and appropriate.

**Viagra 100mg #12 x2:** Overturned

**Claims Administrator guideline:** The Claims Administrator did not cite any medical evidence for its decision.

**MAXIMUS guideline:** The Expert Reviewer did not base their decision on the MTUS.  
Decision based on Non-MTUS Citation  
<http://www.nlm.nih.gov/medlineplus/druginfo/meds/a699015.html>.

**Decision rationale:** According to [nlm.nih.gov/medlineplus](http://www.nlm.nih.gov/medlineplus), Sildenafil (Viagra) is used to treat erectile dysfunction (impotence; inability to get or keep an erection) in men. Sildenafil (Revatio) is used to improve the ability to exercise in adults with pulmonary arterial hypertension (PAH; high blood pressure in the vessels carrying blood to the lungs, causing shortness of breath, dizziness, and tiredness). Sildenafil is in a class of medications called phosphodiesterase (PDE) inhibitors. Sildenafil treats erectile dysfunction by increasing blood flow to the penis during sexual stimulation. This increased blood flow can cause an erection. Sildenafil treats PAH by relaxing the blood vessels in the lungs to allow blood to flow easily. The injured worker is diagnosed with organic impotence and is noted to be doing well on Viagra. The request for Viagra 100mg #12 x2 is medically necessary and appropriate.