

Case Number:	CM15-0011923		
Date Assigned:	01/29/2015	Date of Injury:	07/14/2011
Decision Date:	03/24/2015	UR Denial Date:	12/26/2014
Priority:	Standard	Application Received:	01/20/2015

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/Service. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

The Expert Reviewer has the following credentials:

State(s) of Licensure: Texas, Ohio, California

Certification(s)/Specialty: Preventive Medicine, Occupational Medicine

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The injured worker is a 45 year old female, who sustained an industrial injury on 7/14/2011. The current diagnosis is adjustment disorder due to chronic pain with mixed anxiety and depressed mood. Currently, the injured worker complains of depressed mood, sleeplessness, fatigue, anxiety, nervousness, and worry. Current medications are Wellbutrin and Ativan. The treating physician is requesting Gabadone #60 and Sentra AM #60, which is now under review. The Gabadone was prescribed specifically for sleep/depression and the Sentra Am for cognitive disorder and fatigue. On 12/26/2014, Utilization Review had non-certified a request for Gabadone #60 and Sentra AM #60. Non- MTUS Medical Treatment Guidelines were cited.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Gabadone QTY: 60.00: Upheld

Claims Administrator guideline: The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation Official Disability Guidelines (ODG), Pain (chronic), updated 11/21/14

MAXIMUS guideline: The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation ACOEM Practice Guidelines, Third Edition, Chronic Pain Chapter, Alternative Treatments section.

Decision rationale: The MTUS does not address the topic. However, the Third Edition ACOEM Guidelines Chronic Pain Chapter notes that dietary supplements such as GABADONE are not recommended in the chronic pain context present here. Here, the attending provider did not furnish any compelling applicant-specific rationale or medical evidence so as to offset the unfavorable ACOEM position on the article at issue. Multiple progress notes referenced above failed to clearly describe or list the applicant's complete medication list, it is further noted. Therefore, the request was not medically necessary.

Sentra AM QTY: 60.00: Upheld

Claims Administrator guideline: The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation Official Disability Guidelines (ODG), Pain (chronic), updated 11/21/14

MAXIMUS guideline: The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation ACOEM Practice Guidelines, Third Edition, Chronic Pain Chapter, Alternative Treatments section.

Decision rationale: The MTUS does not address the topic. However, the Third Edition ACOEM Guidelines Chronic Pain Chapter notes that dietary supplements and/or alternative treatments such as Sentra are not recommended in the chronic pain context present here. The bulk of the progress notes on file, it is further noted, did not describe or detail the applicant's medication list or justify the usage of dietary supplements at issue. Therefore, the request was not medically necessary.