

<b>Case Number:</b>	CM14-0214323		
<b>Date Assigned:</b>	01/07/2015	<b>Date of Injury:</b>	04/19/2010
<b>Decision Date:</b>	02/28/2015	<b>UR Denial Date:</b>	12/05/2014
<b>Priority:</b>	Standard	<b>Application Received:</b>	12/22/2014

### HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/Service. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

The Expert Reviewer has the following credentials:

State(s) of Licensure: California, Washington

Certification(s)/Specialty: Physical Medicine & Rehabilitation, Pain Management

### CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The injured worker is a 31-year-old male who reported an injury on 04/19/2010. The injured reportedly occurred when the injured worker was working and kneeled under a set putting bolts together when his left knee popped with acute pain. He was diagnosed with derangement of lateral meniscus. His past treatments were noted to include surgery, injections, physical therapy, and chiropractic treatment. The most recent note provided for review is dated for 02/04/2014. The treating physician indicated after the injured worker had lumbar surgery, the injured worker was noted to have numbness in the lower back and had some derivative and recurrent erectile dysfunction. The treating physician indicated that the injured worker reported sometimes getting erections, but has difficulty maintaining it. However, on masturbation, he can ejaculate. The injured worker indicated he has seen a urologist and Cialis is sometimes helpful. The injured worker reported he does not have early morning erections anymore, but his libido is strong. The injured worker reported his sense of being physically aroused is different, but this is consequential to a significant relationship change in which he had been in love with his now ex fianc, and when things were strong between the 2 of them, he did not need any medication and was able to fully erect and perform well, but she broke off the relationship in 02/2013. Since then, he has had sex with other women and has had a current girlfriend. His current medications were not provided. The treatment plan was noted to include psychotherapy, medications, and a return to work plan. A Request for Authorization was not submitted.

### IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

**Cialis 20mgs one tab TIW #12:** Upheld

**Claims Administrator guideline:** The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation The American Urological Association Guidelines/ Management of Erectile Dysfunction (June 2007)<http://www.auanet.org/content/guidelines-and-quality-care/clinical-guidelines.cfm>

**MAXIMUS guideline:** The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation <http://www.nlm.nih.gov/medlineplus/druginfo/meds/a604008.html>

**Decision rationale:** The request for Cialis 20 mgs one tab TIW #12 is not medically necessary. The Medline Plus indicates Cialis is used to treat erectile dysfunction and the symptoms of benign prostatic hyperplasia, which include difficulty urinating, painful urination, and urinary frequency and urgency in adult men. The clinical documentation submitted for review does not provide evidence of a urology evaluation report to confirm treatment of erectile dysfunction and recommendations of the medication, Cialis. The injured worker reported Cialis sometimes works, and there is no rationale provided by the treating physician to indicate continued use of the medication, if partial effectiveness has occurred. Additionally, the most recent note provided is from 02/2014, and the treating physician did not provide a more recent note giving the injured worker's current physical examinations and complaints. As such, the request is not medically necessary.