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| <b>Case Number:</b>   | CM14-0211442 |                              |            |
| <b>Date Assigned:</b> | 12/24/2014   | <b>Date of Injury:</b>       | 05/10/2001 |
| <b>Decision Date:</b> | 02/19/2015   | <b>UR Denial Date:</b>       | 11/18/2014 |
| <b>Priority:</b>      | Standard     | <b>Application Received:</b> | 12/17/2014 |

### HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/Service. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

The Expert Reviewer has the following credentials:  
 State(s) of Licensure: New York, Pennsylvania, Washington  
 Certification(s)/Specialty: Internal Medicine, Geriatric Medicine

### CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The injured worker is a woman with a date of injury of 5/10/01. She was seen by her treating physician (a rheumatologist) 10/17/14 with complaints of continued total body pain, chronic fatigue and problems sleeping. She had stiffness and pain in her knees and arms and only occasional mild hand pain. Her exam showed no new joint swelling. She had rheumatoid arthritis deformities in her hands (MCPs), no organomegaly and a normal neurologic examination. Her diagnoses were rheumatoid arthritis, myalgia and myositis. At issue in this review is the renewal of medications: sulfamethoxazole TMP "for recurrent UTIs" and provigil.

### IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

**Provigil 200mg one (1) tablet daily #30: Upheld**

**Claims Administrator guideline:** The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation Official Disability Guidelines (ODG), Modafinil (Provigil)

**MAXIMUS guideline:** The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation Other Medical Treatment Guideline or Medical Evidence: Up-To-Date: Provigil Drug Information

**Decision rationale:** This injured worker has a history of rheumatoid arthritis. At issue in this review is the request for Provigil. Provigil is a central nervous system stimulant used to treat narcolepsy, obstructive sleep apnea/hypoapnea syndrome and shift work sleep disorder. The provider note of 10/14 does not document a clear rationale for the prescription with regards to diagnosis or target symptoms. The note does document trouble sleeping and chronic fatigue but there is no discussion of goals for efficacy or potential side effects. The records do not substantiate the medical necessity of Provigil.

**Sulfamethoxazole TMP DS 160-800mg one (1) tablet twice daily #60:** Upheld

**Claims Administrator guideline:** The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation <http://www.ncbi.nlm.nih.gov/pubmedhealth/PMGT0012241/?report-detailsSulfamethoxazole/Trimethoprim> (by mouth)

**MAXIMUS guideline:** The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation Other Medical Treatment Guideline or Medical Evidence: Up-To-Date: Drug Information Sulfamethoxazole TMP

**Decision rationale:** This injured worker has a history of rheumatoid arthritis. At issue in this review is the request for Sulfamethoxazole - TMP for 'recurrent UTIs'. Trimethoprim-Sulfamethoxazole is an antibiotic used to treat urinary tract infections. The provider note of 10/14 does not document a clear rationale for the prescription with regards to whether this is for prophylaxis or treatment. There are also no labs or urine studies to support the diagnosis of a urinary tract infection nor a discussion of efficacy goals or potential side effects. The records do not substantiate the medical necessity of Sulfamethoxazole-TMP.