

Case Number:	CM14-0198207		
Date Assigned:	12/08/2014	Date of Injury:	10/27/2006
Decision Date:	01/28/2015	UR Denial Date:	11/13/2014
Priority:	Standard	Application Received:	11/25/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Family Practice, and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

Patient had an injury date 10/27/2006. Patient tore his Achilles tendon - mechanism of injury is not given in the medical records. Diagnosis includes: complex regional pain syndrome, depression, migraines, hypertension and hyperlipidemia.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Minoxidil 5mg: Upheld

Claims Administrator guideline: The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation Hackam, DG. Quinn RR. Ravani, et al. The 2013 Canadian Hypertension Education Program. Recommendations for Blood Pressure Measurement, Diagnosis, Assessment Of Risk, Prevention, and Treatment Of Hypertension. Can J Cardiol. 2013 May; 29(5):528-42

MAXIMUS guideline: The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation Other Medical Treatment Guideline or Medical Evidence: www.epocrates.com.

Decision rationale: According to guidelines there is no evidence stating its use for hypertension and hyperlipidemia and thus is not medically necessary.