

Case Number:	CM14-0178498		
Date Assigned:	10/31/2014	Date of Injury:	09/03/2013
Decision Date:	12/08/2014	UR Denial Date:	10/03/2014
Priority:	Standard	Application Received:	10/28/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Preventive Medicine and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

According to the records made available for review, this is a 52-year-old male with a 9/3/13 date of injury. At the time (9/17/14) of the request for authorization for urine toxicology screen, there is documentation of subjective (continued burning, stinging sensation) and objective (ankle instability, limited range of motion) findings, current diagnoses (sprains and strains of ankle unspecified site and pain in joint), and treatment to date (medication including ongoing opioid use). Medical reports identify a urine toxicology report was obtained on 2/11/14. There is no documentation that the patient is at a "moderate risk" of addiction & misuse.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Urine toxicology screen: Upheld

Claims Administrator guideline: Decision based on MTUS Chronic Pain Treatment Guidelines.

MAXIMUS guideline: Decision based on MTUS Chronic Pain Treatment Guidelines On-Going Management Page(s): 78. Decision based on Non-MTUS Citation Official Disability Guidelines (ODG) Pain, Urine Drug Testing

Decision rationale: MTUS Chronic Pain Medical Treatment Guidelines identifies documentation of abuse, addiction, or poor pain control in patient under on-going opioid

treatment, as criteria necessary to support the medical necessity of urine drug screen. ODG supports urine drug testing within six months of initiation of opioid therapy and on a yearly basis thereafter for patients at "low risk" of addiction, 2 to 3 times a year for patients at "moderate risk" of addiction and misuse, and testing as often as once per month for patients at "high risk" of adverse outcomes (individuals with active substance abuse disorders). Within the medical information available for review, there is documentation of diagnoses of sprains and strains of ankle unspecified site and pain in joint. In addition, there is documentation that a urine toxicology report was obtained on 2/11/14. However, there is no documentation that the patient is at a "moderate risk" of addiction and misuse. Therefore, based on guidelines and a review of the evidence, the request for urine toxicology screen is not medically necessary.