

Case Number:	CM14-0153126		
Date Assigned:	09/23/2014	Date of Injury:	01/19/2006
Decision Date:	10/24/2014	UR Denial Date:	09/18/2014
Priority:	Standard	Application Received:	09/19/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Physical Medicine and Rehabilitation and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

According to the records made available for review, this is a 47-year-old female with a 1/19/06 date of injury. At the time (8/6/14) of request for authorization for Lidopro ointment, there is documentation of subjective (shoulder and neck pain) and objective (tenderness over cervical paravertebral and upper trapezial muscles) findings. The current diagnoses are chronic cervical strain/sprain, interscapular radiculopathy, and chronic myofascial trapezial pain. The treatment to date includes physical therapy and medications (including ongoing treatment with Naproxen and Ultram).

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Lidopro ointment: Upheld

Claims Administrator guideline: Decision based on MTUS Chronic Pain Treatment Guidelines Topical Analgesics Page(s): 111-113.

MAXIMUS guideline: Decision based on MTUS Chronic Pain Treatment Guidelines Topical Analgesics Page(s): 111-113. Decision based on Non-MTUS Citation Other Medical Treatment Guideline or Medical Evidence: <http://www.drugs.com/sfx/lidopro-side-effects.html>

Decision rationale: An online search identifies that LidoPro contains Capsaicin / Lidocaine / Menthol / Methyl Salicylate Topical. MTUS Chronic Pain Medical Treatment Guidelines

identifies that many agents are compounded as monotherapy or in combination for pain control; that Ketoprofen, Lidocaine (in creams, lotion or gels), Capsaicin in a 0.0375% formulation, Baclofen and other muscle relaxants, and Gabapentin and other anti-epilepsy drugs are not recommended for topical applications; and that any compounded product that contains at least one drug (or drug class) that is not recommended, is not recommended. Within the medical information available for review, there is documentation of diagnoses of chronic cervical strain/sprain, interscapular radiculopathy, and chronic myofascial trapezial pain. However, Lidopro contains at least one drug (Lidocaine) that is not recommended. Therefore, based on guidelines and a review of the evidence, the request for Lidopro ointment is not medically necessary.