

Case Number:	CM14-0140601		
Date Assigned:	09/10/2014	Date of Injury:	07/03/2010
Decision Date:	10/14/2014	UR Denial Date:	07/29/2014
Priority:	Standard	Application Received:	08/29/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Physical Medicine & Rehabilitation and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The injured worker is a 63-year-old male who reported an injury on 07/03/2010, the mechanism of injury was not provided. On 07/09/2014, the injured worker presented with low back pain. Upon examination, the injured worker had spasms in the low back, negative straight leg raise, ankle dorsi and plantar flexors 5/5. Strength and quadriceps and iliopsoas are at 5/5 strength. Diagnoses were spondylolisthesis at the L4-5, chronic pain medication use and morbid obesity. The medications included Norco. The provider recommended hydrocodone/APAP 10/325 mg 30 days with a quantity of 120, the provider's rationale was not provided. The Request for Authorization Form was not included in the medical documents for review.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Hydrocodone/APAP 10/325mg days 30 quantity 120: Upheld

Claims Administrator guideline: Decision based on MTUS Chronic Pain Treatment Guidelines Opioids, specific drug list Page(s): 91.

MAXIMUS guideline: Decision based on MTUS Chronic Pain Treatment Guidelines Opioids, Criteria for use, Page(s): 78..

Decision rationale: The request for hydrocodone/APAP 10/325 mg days 30 with a quantity of 120 is not medically necessary. The California MTUS recommend the use of opioids for

ongoing management of chronic pain. The guidelines recommend ongoing review and documentation of pain relief, functional status, appropriate medication use and side effects should be evident. There is a lack of evidence of an objective assessment of the injured worker's pain level, functional status, evaluation of risk for aberrant drug abuse behavior and side effects. Additionally, the efficacy of the prior use of the medication was not provided. The request of the medication was not provided in the request as submitted. As such, medical necessity has not been established.