

<b>Case Number:</b>	CM13-0002877		
<b>Date Assigned:</b>	12/27/2013	<b>Date of Injury:</b>	02/29/2012
<b>Decision Date:</b>	02/14/2014	<b>UR Denial Date:</b>	07/10/2013
<b>Priority:</b>	Standard	<b>Application Received:</b>	07/24/2013

### HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to a physician reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The physician reviewer is Board Certified in Orthopedic Surgery and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The physician reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

### CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The claimant is a 43-year-old female who injured her right knee on February 29, 2012. Clinical records for review revealed the claimant is status post an April 3, 2013 right knee arthroscopy, partial medial meniscectomy, chondroplasty and synovectomy. Postoperatively, the claimant was started on a course of formal physical therapy. At present there is a request for two postoperative devices from the April 3, 2013 procedure of right knee "wrap" for cryotherapy purposes and the second for a CPM rental for 30 days for use in the postoperative setting.

### IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

**Right knee continuous passive motion unit:** Upheld

**Claims Administrator guideline:** The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation Official Disability Guidelines (ODG)-- Treatment Index, 11th Edition (web), 2013, Knee & Leg - Continuous passive motion (CPM). Continuous-Flow Cryotherapy.

**MAXIMUS guideline:** The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation Official Disability Guidelines (ODG) -- Official Disability Guidelines Treatment in Worker's Comp, 18th Edition, 2013 Updates: knee procedure - Continuous passive motion (CPM).

**Decision rationale:** CA MTUS Guidelines are silent. When looking at Official Disability Guideline criteria, a CPM device following knee arthroscopy would not be supported. The claimant's current diagnosis and surgical process findings of April 3, 2013 would not support the role of CPM usage. Guidelines only indicate the role of CPM following ACL reconstruction, total joint arthroplasty or internal fixation of fracture. The claimant does not meet any of the above diagnoses for use of this device.

**Right knee wrap:** Upheld

**Claims Administrator guideline:** The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation Official Disability Guidelines (ODG), Knee Section, Continuous-flow cryotherapy.

**MAXIMUS guideline:** The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation Official Disability Guidelines (ODG) -- Official Disability Guidelines Treatment in Worker's Comp, 18th Edition, 2013 Updates: knee procedure - Continuous-flow cryotherapy

**Decision rationale:** CA MTUS Guidelines are silent. When looking at Official Disability Guideline criteria, the cryotherapy device in this case would not be indicated. The ODG Guidelines indicate that the cryotherapy unit could be utilized for up to seven days including home use. Records currently do not indicate a timeframe for use of the device in this case. The specific request for this postoperative durable medical equipment would thus not be supported.