

COV CAI KEV NYAB XEEB RAU COV NEEG UA HAUJ LWM RAU KEV TU KOM HUV THAUM MUAJ HLUAV TAWS



Npaj thiab Kev Kawm

Ua ntej pib tua hluav taws, rhuav tshem los sis lwm yam haujlwm, cov tswv ntiav yuav tsum tsim kom muaj ib txoj kev npaj zoo los txheeb xyuas thiab txo cov kev phom sij ntawm qhov chaw (Title 8 California Code of Regulations [T8CCR], tshooj [1509\(a\)](#), [1510\(c\)](#), [3203](#), [5192\(c\)](#)). Cov tswv lag luam yuav tsum cob qhia cov neeg ua haujlwm kom txheeb xyuas thiab tiv thaiv kom tsis txhob muaj kev phom sij (T8CCR [1509](#), [1514](#), [1521](#), [1528](#), [1529](#), [3203](#), [5192\(e\)](#)). Kev ua haujlwm tua hluav taws, suav nrog kev tshem tawm cov hmoov tshauv thiab cov khiab nyiab pov tseg thiab ntxuav cov vaj tsev puas tsuaj, tsis yog kev pabcuam hauv tsev, thiab cov neeg ua haujlwm ua haujlwm no raug them los ntawm Cal/OSHA cov qauv kev noj qab haus huv thiab kev nyab xeeb. Yog xav paub ntxiv txog Cal/OSHA cov neeg ua haujlwm kev nyab xeeb yuav tsum tau ua thaum ntxuav hluav taws, saib:

Kev nyab xeeb thiab kev noj qab haus huv: <https://www.dir.ca.gov/dosh/wildfire/worker-health-and-safety-during-fire-cleanup.html>

Kev tiv thaiv ua pa: https://www.dir.ca.gov/dosh/fire_resp_protection.html

Tej Khoom Siv Tiv Thaiv Rau Koj Tus Kheej (PPE): <https://www.dir.ca.gov/dosh/wildfire/Protective-Equipment-During-Fire-Cleanup.html>

Piv txwv ntawm tej kev phom sij

- Hluav taws xob, cov kab hluav taws xob uas poob lawm, thiab cov vaj huam sib luag uas tej zaum tseem tsim hluav taws xob
- Cov qauv tsis ruaj khov, cov khoom, qhov txos, thiab ntoo
- Hmoov pob zeb, ppob zeb puas thiab sab nrauv
- Cov hmoov tshauv thiab hmoov av, tshuaj tua kab, roj tsheb, cov khoom siv che mis
- Taub rau gas kaw hau, taub rau roj saum qaum av thiab qab av
- Cov chaw kaw uas muaj cov pa oxygen tsawg thiab cov huab cua muaj kuab lom
- Coccidioides spores hauv av (Valley Fever)
- Cov cuab yeej siv hnyav thiab tsheb khiav
- Kev mob tshav kub
- Cov pa roj carbon monoxide los ntawm kev siv cov khoom siv siv roj av hauv cov chaw kaw



Kev tiv thaiv ua pa

Cov chaw ua hauj lwm yuav tsum ua raws li cov qauv kev tiv thaiv ua pa (T8CCR [5144](#)) thiab muab NIOSH-pom zoo kev tiv thaiv pa rau cov neeg ua haujlwm uas nkag mus rau thaj chaw kub hnyiab los ua haujlwm huv si, tshem tawm, rhuav tshem, lossis lwm yam hauj lwm, raws li nram no:

- Muab cov nab kaj ua pas hom elastomeric (APRs) nruab nrog ib lub lim cua uas muaj kev ua tau zoo heev (HEPA) ua ke nrog ib lub vapor organic (OV), thiab lub cartridge formaldehyde (T8CCR [5144](#)). Ib lub lim P100, N100 los yog R100 yuav siv tau hloov rau lub lim HEPA.
- Muab nab kaj N95 rau cov neeg ua hauj lwm hauv thaj chaw uas tsuas yog nroj tsuag lossis ntoo tsis tau kho tau kub hnyiab, nyob rau hauv qhov chaw ntawm ib lub elastomeric APR (T8CCR [5144](#)).
- Txhawm rau kom tsis txhob muaj cov khoom cuav, thov mus saib daim ntawv teev cov khoom siv tau ntawv pov thawj ntawm [NIOSH Certified Equipment List \(https://www.cdc.gov/niosh/npptl/topics/respirators/cel/default.html\)](https://www.cdc.gov/niosh/npptl/topics/respirators/cel/default.html).

Cov Khoom Siv Tiv Thaiv Tus Kheej (PPE)

Ntxiv rau kev tiv thaiv ua pa, cov chaw ua hauj lwm yuav tsum muab PPE uas haum rau txhua tus neeg ua hauj lwm, raws li nram no:

- Lub kos mom tawv
- Tiv thaiv qhov muag
- Kev tiv thaiv suab nrov
- Tag nrho lub cev Tyvek los yog cov khaub ncaws tiv thaiv uas muaj txiaj ntsig sib npaug
- Kev tiv thaiv tes
- Kev tiv thaiv ko taw thiab npog
- Chaps thiab lwm yam khoom tiv thaiv tus kheej rau kev ua hauj lwm nrog tshuab kaw ntoo
- Kev tiv thaiv kev poob ntawm cov neeg ua hauj lwm qhov chaw siab

Nplooj ntawv 1 ntawm 2

Yog xav paub ntxiv, thov hu rau Cal/OSHA Hu rau Center ntawm 833-579-0927, hnuv Monday txog Friday, thaum 9 teev sawv ntxov txog 7 teev tsaus ntuj. Cov lus tsis txaus siab txog kev nyab xeeb thiab kev noj qab haus huv ntawm chaw ua hauj lwm yuav tau xa mus kom tsis pub leej twg paub rau Cal/OSHA cheeb tsam chaw ua hauj lwm.

www.dir.ca.gov/dosh | www.dir.ca.gov/dosh/Worker-Health-and-Safety-in-Wildfire-Regions.html



COV CAI KEV NYAB XEEB RAU COV NEEG UA HAUJ LWM RAU KEV TU KOM HUV THAUM MUAJ HLUAV TAWS



Kev ua hauj lwm nyab xeeb

Cov tswv ua hauj lwm yuav tsum tiv thaiv kev nyab xeeb thiab kev noj qab haus huv ntawm cov neeg ua hauj lwm ntawm cov chaw ntxuav los ntawm kev siv cov kev ua hauj lwm nyab xeeb, suav nrog tab sis tsis txwv rau cov hauv qab no:

- Xyuas kom cov neeg ua hauj lwm txoh khiub nyiab pom sij tau kawm paub thiab kev pov thaiv thuam muaj xwm ceev (HAZWOPER) li ntawm 40-teev ua ntej nkag mus rau qhov chaw (T8CCR [5192](#)).
- Ceeb toom cov roj, hluav taws xob, thiab lwm yam kev pabcuam hauv av tsawg kawg 48 teev ua ntej nkag mus rau qhov chaw kom paub tseeb tias tag nrho cov kev pabcuam raug kaw thiab raug cim kom raug (T8CCR [1541\(b\)\(2\)](#)). Hu rau DigSafe ntawm (811).
- Xyuas kom meej tias qhov chaw muaj kev nyab xeeb ua ntej ntxuav, kev rhuav tawm, los yog lwm yam kev ua ub no (T8CCR [1509](#), [1510](#) thiab [3203](#)).
- Ua tiav qhov chaw cim, thaj tsam kev faib tawm, kev ntxuav neeg ua hauj lwm, thiab lwm yam uas yuav tsum tau ua raws li tus qauv HAZWOPER (T8CCR [5192](#)).
- Xyuas kom meej tias cov neeg ua hauj lwm siv kev tiv thaiv ua pa thiab PPE kom raug (T8CCR [5192](#)).
- Muab kev npaj txhij ntawm ib lub taub tua hluav taws (T8CCR [1922\(a\)\(5\)](#)).
- Muab cov khoom pab thaum raug mob (T8CCR [1512](#) thiab [3400](#)). Hu rau 911 tam sim yog tias muaj kev raug mob lossis mob hanyav.
- Npaj kom muaj qhov chaw ntxuav qhov muag thaum muaj xwm ceev uas muaj txhua yam rau tus kheej (T8CCR [5162](#)).
- Muab kev nkag tau yooj yim rau chav dej (T8CCR [1526\(a\)](#) thiab [\(d\)](#)).
- Muab PPE thiab ua raws li Cal/OSHA cov cai rau kev siv tshuab kaw ntoos (T8CCR [6283](#)).
- Muab kev nyab xeeb rau kev siv cov ntaiv thiab cov kauj ruam (T8CCR [1675](#) thiab [3276](#)).
- Siv dej ntau zaus kom txo tau cov hmoov av ntawm cov hmoov tshauv, cov khiub nyiab, thiab av (T8CCR [5141\(a\)](#) thiab [1532.3\(c\)\(2\)](#)).
- Xyuas kom meej tias tsuas pub cov neeg ua hauj lwm hluav taws xob ua hauj lwm nyob ze cov kab fais fab thiab kho fais fab (T8CCR [2940](#)).
- Qhia cov neeg ua hauj lwm kom tsis txhob txuas cov tshuab hluav taws xob mus rau cov kab hluav taws xob ruaj khov (T8CCR [2320.9](#)).
- Xyuas kom meej tias cov neeg ua hauj lwm raug tiv thaiv

los ntawm kev phom sij ntawm kev nkaug (T8CCR [1712\(c\)](#)).

- Muab kev tswj hwm kevmu lo thiab muaj tu qhia tsa tes ntawm cov chaw ua hauj lwm uas cov cuab yeej siv hanyav ua hauj lwm (T8CCR [1598](#) thiab [1599](#)).
- Qhia cov neeg ua hauj lwm thiab muab dej txaus, so, thiab ntxoov ntxoo kom tsis txhob muaj mob tshav kub (T8CCR [3395](#)).
- Muab cov neeg ua hauj lwm nrog cov chaw ntxuav tes kom lawv siv ua ntej so, thaum tawm hauv chaw ua hauj lwm, thiab tom qab tshem tawm PPE (T8CCR [1524\(a\)](#), [1527\(a\)](#), [5192\(k\)](#)).
- Xyuas kom meej tias cov neeg ua hauj lwm ua raws li cov txheej txheem tua kab mob thiab tshem PPE tawm ua ntej so thiab ua ntej mus tsev kom tsis txhob raug tshuaj lom thiab tsis txhob muaj kab mob rau lwm yam tsheb ntiag tug thiab chaw nyob (T8CCR [5192](#)).
- Cov tswv ua hauj lwm koom nrog kev ua hauj lwm ntoo thaum tua hluav taws tua hluav taws yuav tsum xyuas kom meej tias kev txiav ntoo, kho tsoob ntoo, lossis tshem tawm yog ua raws li kev coj ua ntawm tus neeg ua haujlwm ntoo tsim nyog thiab ua raws li [Cal/OSHA cov cai tswj kev ua haujlwm ntoo](#) (T8CCR [3420-3428](#)).

Cal/OSHA

Txhua Txoj Cai Cal/OSHA Npe 8 uas teev saum toj no tuaj yeem pom ntawm: <https://www.dir.ca.gov/samples/search/query.htm>

Cov tswv hauj lwm uas muaj lus nug los yog xav tau kev pab txog kev noj qab haus huv thiab kev nyab xeeb hauv chaw ua hauj lwm, thov hu rau [Cal/OSHA's Consultation Services Branch](#) ntawm 800-963-9424.

Cov neeg ua hauj lwm hauv California raug tiv thaiv tsis hais txog lawv txoj cai nkag tebchaws. Cov neeg ua haujlwm uas muaj lus nug txog kev nyab xeeb thiab kev noj qab haus huv hauv chaw ua haujlwm tuaj yeem hu rau 833-579-0927 los tham nrog ib tug neeg sawv cev hais lus ob hom lus ntawm Cal/OSHA thaum 9:00 a.m. txog 7:00 p.m. hnuv Monday txog Friday.

Kev tsis txaus siab txog kev nyab xeeb hauv chaw ua hauj lwm thiab kev phom sij rau kev noj qab haus huv tuaj yeem xa mus rau [Cal/OSHA cov chaw haujlwm hauv cheeb tsam](#).

Nplooj ntawv 2 ntawm 2

Yog xav paub ntxiv, thov hu rau Cal/OSHA Hu rau Center ntawm 833-579-0927, hnuv Monday txog Friday, thaum 9 teev sawv ntxov txog 7 teev tsaus ntuj. Cov lus tsis txaus siab txog kev nyab xeeb thiab kev noj qab haus huv ntawm chaw ua hauj lwm yuav tau xa mus kom tsis pub leej twg paub rau Cal/OSHA cheeb tsam chaw ua hauj lwm.

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