

Case Number:	CM15-0086611		
Date Assigned:	05/12/2015	Date of Injury:	06/12/2012
Decision Date:	06/12/2015	UR Denial Date:	04/16/2015
Priority:	Standard	Application Received:	05/05/2015

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/Service. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

The Expert Reviewer has the following credentials:

State(s) of Licensure: California, Indiana, Oregon

Certification(s)/Specialty: Orthopedic Surgery

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The injured worker is a 40 year old female, who sustained an industrial injury on 06/12/2012. She has reported subsequent shoulder, elbow, wrist and low back pain and was diagnosed with shoulder and elbow tendinitis/bursitis, carpal tunnel syndrome and lumbosacral radiculopathy. Treatment to date has included oral pain medication, splints and a home exercise program. In a progress note dated 03/30/2015, the injured worker complained of bilateral wrist and hand numbness, tingling and weakness with night pain and difficulty performing activities of daily living. Objective findings were notable for positive bilateral Phalen's test, positive Tinel's, dysesthesia over the ulnar nerve on the right elbow going down to the hand, pain and numbness over the carpal tunnel on the right. A request for authorization of right elbow cubital tunnel release was submitted.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Right Elbow Cubital Tunnel Release: Upheld

Claims Administrator guideline: Decision based on MTUS ACOEM Chapter 10 Elbow Disorders (Revised 2007).

MAXIMUS guideline: Decision based on MTUS ACOEM Chapter 10 Elbow Disorders (Revised 2007) Page(s): 18.

Decision rationale: CA MTUS/ACOEM Elbow Complaints Chapter 10 (2007 supplement) page 18 states that focused NCS/EMG with inching technique is required for the accurate diagnosis of cubital tunnel syndrome. As there is no evidence of cubital tunnel syndrome on the EMG from 1/23/13 the request is not medically necessary.