

Case Number:	CM15-0061643		
Date Assigned:	04/07/2015	Date of Injury:	02/16/2009
Decision Date:	08/07/2015	UR Denial Date:	03/11/2015
Priority:	Standard	Application Received:	04/01/2015

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/Service. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

The Expert Reviewer has the following credentials:
State(s) of Licensure: California, Indiana, New York
Certification(s)/Specialty: Internal Medicine

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The injured worker is a 60 year old male who sustained an industrial injury on 02/16/2009. Mechanism of injury was continuous trauma. Diagnoses include scalp seborrheic dermatitis, lumbar disc disease, and left knee chondromalacia, left shoulder rotator cuff tear, low back pain, and hypertension. Treatment to date has included diagnostic studies, medications, epidural injections to his spine and injections to his left knee and a home exercise program. A physician progress note dated 02/23/2015 documents the injured worker has a diagnosis of scalp seborrheic dermatitis, and Ketoconazole 2% shampoo, 240ml was ordered for use for 6-12 months. Several documents within the submitted medical records are difficult to decipher. Treatment requested is for Ketoconazole 2% shampoo, 240ml.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Ketoconazole 2% shampoo, 240ml: Upheld

Claims Administrator guideline: The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation www.nlm.nih.gov.

MAXIMUS guideline: The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation
<http://www.nlm.nih.gov/medlineplus/druginfo/meds/a682816.html>.

Decision rationale: Pursuant to Medline plus, ketoconazole 2% shampoo, 240 ML's is not medically necessary. Ketoconazole cream is used to treat tinea corporis (ringworm; fungal skin infection that causes a red scaly rash on different parts of the body), tinea cruris (jock itch; fungal infection of the skin in the groin or buttocks), tinea pedis (athlete's foot; fungal infection of the skin on the feet and between the toes), tinea versicolor (fungal infection of the skin that causes brown or light colored spots on the chest, back, arms, legs, or neck), and yeast infections of the skin. Prescription ketoconazole shampoo is used to treat tinea versicolor. Over-the-counter ketoconazole shampoo is used to control flaking, scaling, and itching of the scalp caused by dandruff. Ketoconazole is in a class of anti-fungal medications called imidazoles. It works by slowing the growth of fungi that cause infection. In this case, the injured workers working diagnosis is seborrheic dermatitis. There are multiple dermatology entries in the medical record. Most are largely illegible. A letter of medical necessity was forwarded by the treating provider to the utilization reviewer. The provider indicated the diagnosis with scalp seborrheic dermatitis and that the medication is related to the occupational injury. The medication requested is ketoconazole shampoo. It is unclear how seborrheic dermatitis is related to the work injury. There are no detailed progress notes with subjective complaints and objective clinical findings and the treatment plan. Also, it is unclear how the seborrhea keratosis is related to the industrial injury. Consequently, absent clinical documentation with subjective complaints and objective clinical findings, a treatment plan and a clinical indication and rationale for ketoconazole 2% shampoo for treatment of seborrheic dermatitis, ketoconazole 2% shampoo, 240 ML's is not medically necessary.