

Case Number:	CM15-0059751		
Date Assigned:	04/06/2015	Date of Injury:	05/22/2013
Decision Date:	05/06/2015	UR Denial Date:	03/13/2015
Priority:	Standard	Application Received:	03/30/2015

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/Service. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

The Expert Reviewer has the following credentials:

State(s) of Licensure: Texas, Illinois

Certification(s)/Specialty: Preventive Medicine, Occupational Medicine

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The injured worker is a 49 year old female, who sustained an industrial injury on 5/22/13. The injured worker was diagnosed as having complex regional pain syndrome type 11 upper limb, strain of tendon of foot and ankle, low back pain, pain right wrist pain. Treatment to date has included physical therapy and activity restrictions and medications. Currently, the injured worker complains of right wrist pain. Upon physical exam, there was decreased range of motion of right hand/wrist, weakness of upper extremities, and tenderness on palpation of right wrist.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Norco 5/325mg, #60: Upheld

Claims Administrator guideline: Decision based on MTUS Chronic Pain Treatment Guidelines Short-acting opioids; On-Going Management; Chronic back pain.

MAXIMUS guideline: Decision based on MTUS Chronic Pain Treatment Guidelines Opioids Page(s): 78-81.

Decision rationale: The injured worker sustained a work related injury on 5/22/13. The medical records provided indicate the diagnosis of complex regional pain syndrome type 11 upper limb,

strain of tendon of foot and ankle, low back pain, pain right wrist pain. Treatment to date has included physical therapy and activity restrictions and medications. The medical records provided for review do not indicate a medical necessity for Norco 5/325mg, #60. The MTUS recommends the use of the lowest dose of opioids for the short-term treatment of moderate to severe pain. The MTUS does not recommend the use of opioids for longer than 70 days in the treatment of chronic pain due to worsening adverse effects and lack of research in support of benefit. Also, the MTUS recommends that individuals on opioid maintenance treatment be monitored for analgesia (pain control), activities of daily living, adverse effects and aberrant behavior; the MTUS recommends discontinuation of opioid treatment if there is no documented evidence of overall improvement or if there is evidence of illegal activity or drug abuse or adverse effect with the opioid medication. The records indicate the injured worker has used the medication for at least since 12/2014 with no overall improvement in pain and function. Therefore, the requested medical treatment is not medically necessary.