

<b>Case Number:</b>	CM15-0031364		
<b>Date Assigned:</b>	02/24/2015	<b>Date of Injury:</b>	01/16/2015
<b>Decision Date:</b>	04/02/2015	<b>UR Denial Date:</b>	02/11/2015
<b>Priority:</b>	Standard	<b>Application Received:</b>	02/19/2015

### HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/Service. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

The Expert Reviewer has the following credentials:  
 State(s) of Licensure: North Carolina  
 Certification(s)/Specialty: Family Practice

### CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The injured worker is a 43 year old male with an industrial injury dated January 16, 2015. The injured worker diagnoses include left trapezius strain, rule out cervical radiculopathy. He has been treated with diagnostic studies and periodic follow up visits. In a progress report dated 2/3/2015, the injured worker reported left shoulder and cervical spine pain an 8/10. According to the progress note dated 2/10/2015, the injured worker reported improvement in range of motion but continued pain in the left trapezius. The treating physician prescribed MRI with contrast of the cervical spine/ left trapezius. Utilization Review determination on February 11, 2015 denied the request for MRI with contrast of the cervical spine/ left trapezius, citing MTUS, ACOEM and Official Disability Guidelines.

### IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

**MRI with contrast of the cervical spine/ left trapezius:** Upheld

**Claims Administrator guideline:** Decision based on MTUS ACOEM Page(s): 177-178, Tables 8-1; 8-7 and 8-8. Decision based on Non-MTUS Citation Official Disability Guidelines cervical MRI.

**MAXIMUS guideline:** Decision based on MTUS ACOEM Chapter 8 Neck and Upper Back Complaints Page(s): 177-178.

**Decision rationale:** The ACOEM chapter on neck and upper back complaints and special diagnostic studies states: Criteria for ordering imaging studies are: Emergence of a red flag. Physiologic evidence of tissue insult or neurologic dysfunction. Failure to progress in a strengthening program intended to avoid surgery. Clarification of the anatomy prior to an invasive procedure. The provided progress notes fails to show any documentation of indications for imaging studies of the neck as outlined above per the ACOEM. There was no emergence of red flag. The neck pain was characterized as unchanged. The physical exam noted no evidence of new tissue insult or neurologic dysfunction. There is no planned invasive procedure. Therefore criteria have not been met for a MRI of the neck and the request is not certified.