

<b>Case Number:</b>	CM15-0166822		
<b>Date Assigned:</b>	09/04/2015	<b>Date of Injury:</b>	07/13/2006
<b>Decision Date:</b>	10/14/2015	<b>UR Denial Date:</b>	08/19/2015
<b>Priority:</b>	Standard	<b>Application Received:</b>	08/25/2015

### HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/Service. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

The Expert Reviewer has the following credentials:

State(s) of Licensure: California

Certification(s)/Specialty: Emergency Medicine

### CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The injured worker is a 50 year old male, who sustained an industrial injury on 7-13-06. Medical record indicated the injured worker is undergoing treatment for voiding dysfunction and organic impotence. Treatment to date has included Cialis 5mg, Viagra 100 mg and Tamsulosin 0.4 mg (which provided no improvement in his urological condition) and maintenance of fluid intake. Currently on 7-27-15, the injured worker reports Cialis 5mg is helping with his voiding dysfunction and notes bowel urgency with the need to go to the bathroom about 12 times a day. Objective findings on 7-27-15 noted he looks less tired and depressed than previous visit dated 6-15-15, he is unsteady on his feet and there is no change in physical exam involving the external genitalia, which was noted to be normal on 6-15-15. The treatment plan included continuation of Cialis 5mg daily and Viagra 100 mg booster dose to potentiate his erections. On 8-19-15, utilization review non-certified a request for Viagra 100 mg noting concomitant use of Cialis and Viagra are not recommended.

### IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

**Viagra 100mg #12:** Upheld

**Claims Administrator guideline:** The Claims Administrator did not cite any medical evidence for its decision.

**MAXIMUS guideline:** The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation Up-To-Date Evaluation of male sexual dysfunction.

**Decision rationale:** The requested Viagra 100mg #12 is not medically necessary. CA MTUS and ODG are silent on this issue. As a second tier reference, Up-To-Date Evaluation of male sexual dysfunction, provide sample guidelines for the evaluation of erectile dysfunction, which should direct treatment options. The injured worker is undergoing treatment for voiding dysfunction and organic impotence. Treatment to date has included Cialis 5mg, Viagra 100mg and Tamsulosin 0.4mg (which provided no improvement in his urological condition) and maintenance of fluid intake. Currently on 7-27-15, the injured worker reports Cialis 5mg is helping with his voiding dysfunction and notes bowel urgency with the need to go to the bathroom about 12 times a day. Objective findings on 7-27-15 noted he looks less tired and depressed than previous visit dated 6-15-15, he is unsteady on his feet and there is no change in physical exam involving the external genitalia which was noted to be normal on 6-15-15. The treatment plan included continuation of Cialis 5mg daily and Viagra 100mg booster dose to potentiate his erections. On 8-19-15, utilization review non-certified a request for Viagra 100mg noting concomitant use of Cialis and Viagra are not recommended. The treating physician did not document genitourinary symptoms or exam findings, testosterone levels, any derived functional benefit from any previous use, nor rule out other causes of erectile dysfunction. The criteria noted above not having been met, Viagra 100mg #12 is not medically necessary.