

Case Number:	CM15-0160644		
Date Assigned:	08/27/2015	Date of Injury:	04/06/2012
Decision Date:	09/29/2015	UR Denial Date:	07/22/2015
Priority:	Standard	Application Received:	08/17/2015

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/Service. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

The Expert Reviewer has the following credentials:
State(s) of Licensure: California, Oregon, Washington
Certification(s)/Specialty: Orthopedic Surgery

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The injured worker is a 55 year old female with an industrial injury dated 04-06-2012. Her diagnoses included right shoulder sprain-strain, bilateral shoulder rotator cuff tear and bilateral shoulder impingement syndrome. Prior treatment included (after surgery) physical therapy and medications. She presented on 05-22-2015 with complaints of difficulty sleeping on her right side due to right shoulder pain. Physical findings were tenderness to palpation of the anterior shoulder and posterior shoulder. Speed's caused pain on the right and Yergason's caused pain on the right. She presented on 04-25-2015 2 months status post right shoulder scope and RCR (rotator cuff repair). The request is for retrospective: Right shoulder arthroscopy and rotator cuff repair (DOS: 02/11/2015.)

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Retrospective: Right shoulder arthroscopy and rotator cuff repair (DOS: 02/11/2015):
Upheld

Claims Administrator guideline: Decision based on MTUS ACOEM Chapter 9 Shoulder Complaints Page(s): 210.

MAXIMUS guideline: Decision based on MTUS ACOEM Chapter 9 Shoulder Complaints
Page(s): 209-210.

Decision rationale: According to the CA MTUS/ACOEM Shoulder Chapter, page 209-210, surgical considerations for the shoulder include failure of four months of activity modification and existence of a surgical lesion. In addition, the guidelines recommend surgery consideration for a clear clinical and imaging evidence of a lesion shown to benefit from surgical repair. The ODG Shoulder section, surgery for rotator cuff repair, recommends 3-6 months of conservative care with a painful arc on exam from 90-130 degrees and night pain. There also must be weak or absent abduction with tenderness and impingement signs on exam. Finally, there must be evidence of temporary relief from anesthetic pain injection and imaging evidence of deficit in rotator cuff. In this case, the submitted notes do not demonstrate preoperative 4 months of failure of activity modification. The physical exam from the submitted notes does not demonstrate a painful arc of motion, night pain or relief from anesthetic injection. Therefore, the request is not medically necessary and the determination is for non-certification for the requested procedure.