

<b>Case Number:</b>	CM15-0145720		
<b>Date Assigned:</b>	08/07/2015	<b>Date of Injury:</b>	10/07/2012
<b>Decision Date:</b>	09/09/2015	<b>UR Denial Date:</b>	07/17/2015
<b>Priority:</b>	Standard	<b>Application Received:</b>	07/28/2015

### HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/Service. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

The Expert Reviewer has the following credentials:

State(s) of Licensure: California

Certification(s)/Specialty: Chiropractic

### CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The injured worker is a 69 year old male who sustained an industrial injury on 10-07-12. Initial complaints and diagnoses are not available. Treatments to date include medications, chiropractic care and creams. Diagnostic studies are not addressed. Current complaints include low back and right knee pain. Current diagnoses include lumbar spine spinal stenosis, disc bulges, and radiculopathy; lumbar spine disc desiccation, lumbar spine herniated discs, right knee medial and lateral meniscus tear, right knee effusion and myxoid degeneration, right knee medial collateral ligament sprain, anxiety, and insomnia. In a progress note dated 04-22-15 the treating provider reports the plan of care as chiropractic treatments. The requested treatments include 6 additional sessions of chiropractic care.

### IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

**Chiropractic treatment with chiropractic supervised physiotherapy 1 time a week for 6 weeks, quantity: 6 sessions: Upheld**

**Claims Administrator guideline:** Decision based on MTUS Chronic Pain Treatment Guidelines Manual Therapy & Manipulation Page(s): 58-60.

**MAXIMUS guideline:** Decision based on MTUS Chronic Pain Treatment Guidelines Manual Therapy & Manipulation MTUS Definitions Page(s): 58/1. Decision based on Non-MTUS Citation Official Disability Guidelines (ODG) Low Back, Manipulation.

**Decision rationale:** The patient has received 6 chiropractic care sessions for his lumbar spine injury in the past. The past chiropractic treatment notes are not present in the materials provided. Regardless, the treatment records submitted for review do not show objective functional improvement with past chiropractic care rendered, per MTUS definitions. The MTUS Chronic Pain Medical Treatment Guidelines recommends additional care with evidence of objective functional improvement. The ODG Low Back Chapter also recommends 1-2 additional chiropractic care sessions over 4-6 months with evidence of objective functional improvement. The MTUS-Definitions page 1 defines functional improvement as a "clinically significant improvement in activities of daily living or a reduction in work restrictions as measured during the history and physical exam, performed and documented as part of the evaluation and management visit billed under the Official Medical Fee Schedule (OMFS) pursuant to Sections 9789.10-9789.11; and a reduction in the dependency on continued medical treatment." There has been no objective functional improvements with the care in the past per the primary treating physician's progress notes reviewed. The past chiropractic treatment notes are absent from the records provided. I find that the 6 additional chiropractic sessions requested to the lumbar spine to not be medically necessary and appropriate.