

Case Number:	CM15-0140975		
Date Assigned:	07/30/2015	Date of Injury:	03/08/2013
Decision Date:	08/27/2015	UR Denial Date:	07/01/2015
Priority:	Standard	Application Received:	07/20/2015

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/Service. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

The Expert Reviewer has the following credentials:

State(s) of Licensure: California

Certification(s)/Specialty: Physical Medicine & Rehabilitation

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The injured worker is a (n) 59 year old male, who sustained an industrial injury on 3-8-13. He reported pain in his bilateral shoulder, knees and right ankle. The injured worker was diagnosed as having bilateral knee pain, bilateral shoulder pain and right ankle pain. Treatment to date has included topical medications. As of the PR2 dated 3-12-13, the injured worker reported pain in his bilateral shoulder, knees and right ankle. The treating physician requested Capsaicin- Menthol-Camphor-Flurbiprofen and Amitriptyline-Dextromethorphan-Tramadol.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Retrospective topical medications Capsaicin/Menthol/Camphor/Flurbiprofen and Amitriptyline/Dextromethorphan/Tramadol (DOS 03/19/13): Upheld

Claims Administrator guideline: Decision based on MTUS Chronic Pain Treatment Guidelines Topical Analgesics Page(s): 111-113.

MAXIMUS guideline: Decision based on MTUS Chronic Pain Treatment Guidelines Topical Analgesics, pages 111-113.

Decision rationale: Per MTUS Chronic Pain Guidelines, the efficacy in clinical trials for topical analgesic treatment modality has been inconsistent and most studies are small and of short duration. These medications may be useful for chronic musculoskeletal pain, but there are no long-term studies of their effectiveness or safety. There is little evidence to utilize topical compound analgesic over oral NSAIDs or other pain relievers for a patient with multiple joint pain without contraindication in taking oral medications. Submitted reports have not adequately demonstrated the indication or medical need for this topical analgesic to include a compounded NSAID, Capsaicin and anti-depressant over oral formulation for this chronic injury without documented functional improvement from treatment already rendered. Guidelines do not recommend long-term use of NSAID without improved functional outcomes attributable to their use. Additionally, Guidelines do not recommend long-term use of Capsaicin and antidepressant medications for this chronic March 2013 injury without improved functional outcomes attributable to their use. The Retrospective topical medications Capsaicin/Menthol/Camphor /Flurbiprofen and Amitriptyline/Dextromethrophan/Tramadol (DOS 03/19/13) is not medically necessary and appropriate.