

Case Number:	CM15-0101742		
Date Assigned:	06/04/2015	Date of Injury:	04/15/2013
Decision Date:	07/02/2015	UR Denial Date:	05/13/2015
Priority:	Standard	Application Received:	05/27/2015

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/Service. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

The Expert Reviewer has the following credentials:

State(s) of Licensure: California

Certification(s)/Specialty: Emergency Medicine

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The injured worker is a 57 year old male who sustained an industrial injury on 4/15/13. The injured worker was diagnosed as having elbow pain, shoulder pain, chronic pain syndrome, carpal tunnel syndrome, rotator cuff syndrome and cervicalgia. Currently, the injured worker was with complaints of pain in the neck, left shoulder and right handed numbness. Previous treatments included physical therapy and medication management. Previous diagnostic studies included a magnetic resonance imaging of the left shoulder revealing a left full thickness rotator cuff tear and radiographic studies of the cervical spine revealing lordotic curvature with evidence of calcifications of the anterior cervical disc space. The injured workers pain level was noted as 9/10. Physical examination was notable for tenderness to the cervical spine and anterior aspect of right shoulder with limited internal and external rotation. The plan of care was for a magnetic resonance imaging.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Outpatient MRI of The Cervical Spine without Contrast: Upheld

Claims Administrator guideline: Decision based on MTUS ACOEM.

MAXIMUS guideline: Decision based on MTUS ACOEM Chapter 8 Neck and Upper Back Complaints Page(s): 178-179.

Decision rationale: The requested outpatient MRI of the cervical spine without contrast is not medically necessary. CA MTUS, ACOEM 2nd Edition, 2004, Chapter 8, Neck and Upper Back Complaints, Special Studies and Diagnostic and Therapeutic Considerations, Pages 178-179, recommend imaging studies of the cervical spine with "Unequivocal objective findings that identify specific nerve compromise on the neurological examination are sufficient evidence to warrant imaging in patients who do not respond to treatment and who would consider surgery an option". The injured worker has complaints of pain in the neck, left shoulder and right handed numbness. Previous treatments included physical therapy and medication management. Previous diagnostic studies included a magnetic resonance imaging of the left shoulder revealing a left full thickness rotator cuff tear and radiographic studies of the cervical spine revealing lordotic curvature with evidence of calcifications of the anterior cervical disc space. The injured workers pain level was noted as 9/10. Physical examination was notable for tenderness to the cervical spine and anterior aspect of right shoulder with limited internal and external rotation. The treating physician has not documented a history of acute trauma, nor physical exam evidence indicative of radiculopathy such as a Spurling's sign or deficits in dermatomal sensation, reflexes or muscle strength. The criteria noted above not having been met, outpatient MRI of the cervical spine without contrast is not medically necessary.