

Case Number:	CM14-0097180		
Date Assigned:	07/28/2014	Date of Injury:	02/28/2013
Decision Date:	01/22/2015	UR Denial Date:	06/04/2014
Priority:	Standard	Application Received:	06/25/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Occupational Medicine and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The requesting physician does not provide an explanation for the request of EKG except citing an article stating that ECG should be mandatory in pre-participation screening of athletes. The U.S. Preventive Services Task Force (USPSTF) recommends against screening with resting or exercise electrocardiography (EKG) for prediction of coronary heart disease (CHD) events in asymptomatic adults at low risk for CHD events. The injured worker is noted to be a 34 year old male with no cardiovascular complaints and no abnormal cardiovascular findings on exams. The requesting physician does not provide an explanation for the request of EKG except citing an article stating that ECG should be mandatory in pre-participation screening of athletes. The request for EKG is determined to not be medically necessary.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

EKG: Upheld

Claims Administrator guideline: Decision based on MTUS ACOEM.

MAXIMUS guideline: The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation Other Medical Treatment Guideline or Medical Evidence: U.S. Preventive Services Task Force, Coronary Heart Disease: Screening with Electrocardiography accessed via World Wide Web at <http://www.uspreventiveservicestaskforce.org/uspstf/uspsacad.htm>

Decision rationale: The requesting physician does not provide an explanation for the request of EKG except citing an article stating that ECG should be mandatory in pre-participation screening of athletes. The U.S. Preventive Services Task Force (USPSTF) recommends against screening with resting or exercise electrocardiography (EKG) for prediction of coronary heart disease (CHD) events in asymptomatic adults at low risk for CHD events. The injured worker is noted to be a 34 year old male with no cardiovascular complaints and no abnormal cardiovascular findings on exams. The requesting physician does not provide an explanation for the request of EKG except citing an article stating that ECG should be mandatory in pre-participation screening of athletes. The request for EKG is determined to not be medically necessary.