

Case Number:	CM14-0082588		
Date Assigned:	07/21/2014	Date of Injury:	09/12/2013
Decision Date:	02/25/2015	UR Denial Date:	05/22/2014
Priority:	Standard	Application Received:	06/03/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/Service. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

The Expert Reviewer has the following credentials:

State(s) of Licensure: California

Certification(s)/Specialty: Preventive Medicine, Occupational Medicine

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

Patient is a 27 year-old male with date of injury 09/12/2013. The medical document associated with the request for authorization, a primary treating physician's progress report, dated 05/08/2014, lists subjective complaints as pain in the left shoulder. Patient is status post left shoulder arthroscopy on 01/22/2014. Conservative treatments to date include MRIs, medications, functional capacity evaluation baseline, STP consult and acupuncture. PR-2 supplied for review was handwritten and illegible. Objective findings: Examination of the left shoulder revealed tenderness to palpation over the bicipital groove. Range of motion was decreased in all directions secondary to pain. Upper left extremity strength testing was 4/5. Diagnosis: 1. Closed anterior dislocation of the humerus.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Functional improvement measurement with functional improvement measures: Upheld

Claims Administrator guideline: The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation ODG Pain (updated 5/15/14)and <http://www.ncbi.nlm.nih.gov/pubmed/17130760>

MAXIMUS guideline: The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation Official Disability Guidelines (ODG) Fitness For Duty, Functional capacity evaluation (FCE)

Decision rationale: The Official Disability Guidelines state that a functional capacity evaluation is appropriate if, case management is hampered by complex issues, and the timing is appropriate; such as if the patient is close to being at maximum medical improvement or additional clarification concerning the patient's functional capacity is needed. Functional capacity evaluations are not needed if the sole purpose is to determine a worker's effort or compliance, or the worker has returned to work. There is no documentation in the medical record to support a functional capacity evaluation based on the above criteria. Functional improvement measurement with functional improvement measures is not medically necessary.