

<b>Case Number:</b>	CM14-0212122		
<b>Date Assigned:</b>	01/02/2015	<b>Date of Injury:</b>	06/03/2009
<b>Decision Date:</b>	04/01/2015	<b>UR Denial Date:</b>	12/12/2014
<b>Priority:</b>	Standard	<b>Application Received:</b>	12/18/2014

### HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/Service. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

The Expert Reviewer has the following credentials:  
 State(s) of Licensure: New York, New Hampshire, Washington  
 Certification(s)/Specialty: Orthopedic Surgery

### CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The injured worker is a 53 year old male with shoulder pain. Diagnosis includes degenerative shoulder conditions. Patient has had PT and meds. The medical records do not document significant improvement with conservative measures for shoulder pain. Shoulder surgery has been requested. There are no significant medical problems documented in the records. Need for preop lab workup and Preop EKG testing.

### IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

**Associated Surgical Service: Pre-Op Labs-Complete Blood Count (CBC), Basic Metabolic Panel (BMP): Upheld**

**Claims Administrator guideline:** The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation Official Disability Guidelines-Treatment in Workers' Compensation, 19th Edition, Low Back Procedure- Pre-Operative Lab Testing.

**MAXIMUS guideline:** The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation Preoperative evaluation before non cardiac surgery in subjects older than 65 years].Mureddu GF, Faggiano P, Fattirolli F.Monaldi Arch Chest Dis.

2014 Mar;82(1):23-8. Italian.PMID: 25508789 [PubMed - in process]Related citationsSelect item 254819375.[Preoperative evaluation before non cardiac surgery in subjects older than 65 years].Mureddu GF, Faggiano P, Fattirolli F.Monaldi Arch Chest Dis. 2014 Mar;82(1):23-8. Italian.PMID: 25481937 [PubMed - indexed for MEDLINE]Related citations.

**Decision rationale:** The med records do not indicate any significant medical problems that need preop labs prior to routine shoulder surgery. There is no need for preop labs. The request is not medically necessary.

**Associated Surgical Service: Pre-Op Electrocardiography (EKG):** Upheld

**Claims Administrator guideline:** The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation Official Disability Guidelines-Treatment in Workers' Compensation, 19th Edition, Low Back Procedure- Preoperative Electrocardiogram (ECG).

**MAXIMUS guideline:** The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation Preoperative evaluation before non cardiac surgery in subjects older than 65 years].Mureddu GF, Faggiano P, Fattirolli F.Monaldi Arch Chest Dis. 2014 Mar;82(1):23-8. Italian.PMID: 25508789 [PubMed - in process]Related citationsSelect item 254819375.[Preoperative evaluation before non cardiac surgery in subjects older than 65 years].Mureddu GF, Faggiano P, Fattirolli F.Monaldi Arch Chest Dis. 2014 Mar;82(1):23-8. Italian.PMID: 25481937 [PubMed - indexed for MEDLINE]Related citations.

**Decision rationale:** The med records do not indicate any significant medical problems that need preop EKG prior to routine shoulder surgery. There is no need for preop EKG. The request is not medically necessary.