

Case Number:	CM14-0202822		
Date Assigned:	12/15/2014	Date of Injury:	05/21/2014
Decision Date:	02/05/2015	UR Denial Date:	11/26/2014
Priority:	Standard	Application Received:	12/04/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Physical Medicine Rehab, has a subspecialty in Pain Medicine and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

This is a patient with a date of injury of 5/21/14. A utilization review determination dated 11/26/14 recommends non-certification/modification of UDS. 10/28/14 medical report identifies left hip pain 4-5/10. Patient is utilizing Advil. On exam, there is tenderness, pain with ROM, and hip abductor weakness on the left. Recommendations include ibuprofen, labs, urine POC, chiropractic, and acupuncture.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Retrospective request for one (1) urine drug screen: Upheld

Claims Administrator guideline: Decision based on MTUS Chronic Pain Treatment Guidelines.

MAXIMUS guideline: Decision based on MTUS Chronic Pain Treatment Guidelines Page(s): 76-79 and 99 of 127.

Decision rationale: Regarding the request for a urine toxicology test (UDS), the CA MTUS Chronic Pain Medical Treatment Guidelines state the drug testing is recommended as an option. Guidelines go on to recommend monitoring for the occurrence of any potentially aberrant (or non-adherent) drug related behaviors. The ODG recommends urine drug testing on a yearly basis for low risk patients, 2-3 times a year for moderate risk patients, and possibly once per month for

high risk patients. Within the documentation available for review, there is no documentation that the patient is currently utilizing drugs of potential abuse. There is no plan presented for the prescription of such medications and current risk stratification is not delineated. In light of the above issues, the currently requested urine toxicology test is not medically necessary.