

Case Number:	CM14-0198602		
Date Assigned:	12/08/2014	Date of Injury:	02/06/2014
Decision Date:	01/22/2015	UR Denial Date:	11/12/2014
Priority:	Standard	Application Received:	11/25/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is licensed in Psychologist (PHD, PSYD), and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The injured worker is a 62 year-old female [REDACTED] with a date of injury of 2/6/2014. The injured worker developed psychiatric symptoms as a result of experiencing 5 separate bank robberies while working for [REDACTED]. She has been diagnosed with Post-Traumatic Stress Disorder and Major Depressive Disorder and has been receiving psychological treatment from [REDACTED]. The request under review is for a psychiatric evaluation and follow-up treatment.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Psychiatric Evaluation and follow up: Upheld

Claims Administrator guideline: Decision based on MTUS ACOEM Chapter 15 Stress Related Conditions Page(s): 398.

MAXIMUS guideline: Decision based on MTUS ACOEM Chapter 15 Stress Related Conditions Page(s): 398-404. Decision based on Non-MTUS Citation Official Disability Guidelines (ODG) Mental Illness and Stress

Decision rationale: The ACOEM guideline regarding referrals as well as the Official Disability Guideline regarding office visits will be used as reference for this case. Based on the review of the medical records, the injured worker developed PTSD as well as depression in response to the

several bank robberies that she experienced while working for [REDACTED]. She was treated with psychotherapy from [REDACTED]. The medical records offer appropriate information to substantiate the need for a psychiatric evaluation however, the request for subsequent follow-up treatment is premature and too vague. As a result, the request for "Psychiatric Evaluation and follow up" is not medically necessary.