

Case Number:	CM14-0197575		
Date Assigned:	12/08/2014	Date of Injury:	07/06/1999
Decision Date:	01/28/2015	UR Denial Date:	10/24/2014
Priority:	Standard	Application Received:	11/24/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Emergency Medicine, and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The injured worker is a 45 year-old female, who sustained an injury on July 6, 1999. The mechanism of injury is not noted. Diagnostics have included: August 10, 2012 lumbar MRI reported as showing multi-level degenerative disc disease. Treatments have included: SCS implant, medications, physical therapy, epidural injection. The current diagnoses are: lumbar spondylosis, lumbar radiculopathy, lumbar disc disease, lumbar facet arthropathy. s/p SCS implant. The stated purpose of the request for CM2 Cyclobenzaprine 5 % was not noted. The request for CM2 Cyclobenzaprine 5 % was denied on October 24, 2014, citing a lack of documentation of guideline-support. Per the report dated October 3, 2014, the treating physician noted complaints of pain to the neck and low back with radicular symptoms. Exam shows lumbar tenderness, restricted lumbar range of motion, decreased right lower extremity weakness.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

CM2 Cyclobenzaprine 5 %: Upheld

Claims Administrator guideline: Decision based on MTUS Chronic Pain Treatment Guidelines Topical Analgesics.

MAXIMUS guideline: Decision based on MTUS Chronic Pain Treatment Guidelines Topical Analgesics Page(s): 111-113.

Decision rationale: The requested CM2 Cyclobenzaprine 5 %, is not medically necessary. California Medical Treatment Utilization Schedule (MTUS), 2009, Chronic pain, page 111-113, Topical Analgesics, do not recommend topical analgesic creams as they are considered "highly experimental without proven efficacy and only recommended for the treatment of neuropathic pain after failed first-line therapy of antidepressants and anticonvulsants". The injured worker has pain to the neck and low back with radicular symptoms. The treating physician has documented lumbar tenderness, restricted lumbar range of motion, decreased right lower extremity weakness. The treating physician has not documented trials of anti-depressants or anti-convulsants. The treating physician has not documented intolerance to similar medications taken on an oral basis. The criteria noted above not having been met, CM2 Cyclobenzaprine 5 % is not medically necessary.