

Case Number:	CM14-0197219		
Date Assigned:	12/05/2014	Date of Injury:	10/28/2011
Decision Date:	02/04/2015	UR Denial Date:	11/20/2014
Priority:	Standard	Application Received:	11/24/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Occupational Medicine and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

Patient is a 54 year-old male with date of injury 10/28/2011. The medical document associated with the request for authorization, a primary treating physician's progress report, dated 10/21/2014, lists subjective complaints as pain in the right shoulder and low back. Patient is status post right shoulder arthroscopy and decompression on 03/06/2013. Objective findings: Examination of the right shoulder revealed tenderness to palpation and a positive impingement sign. Range of motion was approximately 50% of normal. Examination of the lumbar spine revealed bilateral paraspinous tenderness with 1+ palpation spasm. Range of motion was restricted in all planes. Positive straight leg raise bilaterally at 45 degrees. Motor strength testing was within normal limits. Patient uses a cane to ambulate. Diagnosis: 1. Right shoulder internal derangement with rotator cuff tear 2. Lumbar spine sprain/strain with L5-S1 disc herniation of 3mm 3. Bilateral lower extremity radicular symptoms.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Handle bar for bathroom, qty: 1: Upheld

Claims Administrator guideline: The Claims Administrator did not cite any medical evidence for its decision.

MAXIMUS guideline: The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation Blue Cross Clinical UM Guideline, Durable Medical Equipment, Guideline #: CG-DME-10, Last Review Date: 02/13/2014.

Decision rationale: According to the Blue Cross Clinical UM Guideline for Durable Medical Equipment, durable medical equipment is considered medically necessary when all of a number of criteria are met including:- There is a clinical assessment and associated rationale for the requested DME in the home setting, as evaluated by a physician, licensed physical therapist, occupational therapist, or nurse; and- There is documentation substantiating that the DME is clinically appropriate, in terms of type, quantity, frequency, extent, site and duration and is considered effective for the individual's illness, injury or disease; and- The documentation supports that the requested DME will restore or facilitate participation in the individual's usual IADL's and life roles. The information should include the individual's diagnosis and other pertinent functional information including, but not limited to, duration of the individual's condition, clinical course (static, progressively worsening, or improving), prognosis, nature and extent of functional limitations, other therapeutic interventions and results, past experience with related items, etc. The medical record does not contain sufficient documentation or address the above criteria. Handle bar for bathroom, qty: 1 is not medically necessary.