

Case Number:	CM14-0092535		
Date Assigned:	07/25/2014	Date of Injury:	08/15/2012
Decision Date:	12/19/2014	UR Denial Date:	05/20/2014
Priority:	Standard	Application Received:	06/18/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Family Medicine and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The patient had a date of injury on 8/15/2012. The patient injured the lower back. The mechanism of injury is not given in the medical records. Diagnosis includes cervical radiculitis, chronic pain, lumbar radiculitis, bilateral knee pain and right shoulder pain. The patient has had physical therapy and pain medications.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

B-12 injection DOS: 4/15/2014: Upheld

Claims Administrator guideline: The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation Official Disability Guidelines

MAXIMUS guideline: The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation Other Medical Treatment Guideline or Medical Evidence: Dynamed journal - Vitamin B12

Decision rationale: According to guidelines vitamin B12 injections are used mainly for patient who fail to absorb B12 orally or patients to have pernicious anemia. According to the medical records this patient has neither and thus vitamin B12 injections are not medically necessary.