

<b>Case Number:</b>	CM14-0087956		
<b>Date Assigned:</b>	07/23/2014	<b>Date of Injury:</b>	07/03/2010
<b>Decision Date:</b>	09/22/2014	<b>UR Denial Date:</b>	05/05/2014
<b>Priority:</b>	Standard	<b>Application Received:</b>	06/11/2014

### HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Physical Medicine & Rehabilitation and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

### CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

This is a patient with a date of injury of July 3, 2010. A utilization review determination dated May 5, 2014 recommends non-certification of Motrin as the patient had tried Celebrex without significant benefit. The April 25, 2014 medical report identifies right arm pain. Alleviating factors are acupuncture, wrist brace, TENS (transcutaneous electrical nerve stimulation), and oral pain medications. Has tried PT and home exercises with pain relief. Zohydro did not control pain. On exam, there is right are paresthesias and tenderness to palpation as well as pain with passive and active movement. Pain is said to be post-surgical and neuropathic. Recommendations included starting Motrin and Norco. It appears that multiple NSAIDs have been used recently, including naproxen, Celebrex, and Voltaren-XR. Voltaren-XR was stopped on March 5, 2014, but it appears that naproxen and Celebrex were still being utilized.

### IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

**Motrin 800 mg ninety count:** Upheld

**Claims Administrator guideline:** Decision based on MTUS Chronic Pain Treatment Guidelines NSAID's.

**MAXIMUS guideline:** Decision based on MTUS Chronic Pain Treatment Guidelines Page(s): 67-72.

**Decision rationale:** Regarding the request for Motrin, Chronic Pain Medical Treatment Guidelines state that NSAIDs are recommended at the lowest dose for the shortest period in patients with moderate to severe pain. Within the documentation available for review, it appears that the patient has tried multiple NSAIDs in the recent past without significant benefit. Furthermore, it appears that the patient is currently utilizing multiple NSAIDs, which is redundant, and there is no clear rationale identifying the medical necessity of the addition of another NSAID to the medication regimen. In the absence of such documentation, the request for Motrin 800 mg ninety count is not medically necessary or appropriate.