

Case Number:	CM14-0082162		
Date Assigned:	07/21/2014	Date of Injury:	07/21/2000
Decision Date:	08/26/2014	UR Denial Date:	05/14/2014
Priority:	Standard	Application Received:	06/03/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Family Practice and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The claimant is a 56 year old female who sustained a work related injury on 7/21/00. She was diagnosed with hypertension, sleep apnea osteoporosis, irritable bowel syndrome and reflex sympathetic dystrophy. Her internist had been managing these illnesses and had ordered a DEXA scan to evaluate bone density. Labs results provided did not have a thyroid result provided. Renal function and glucose were normal.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Dexa Bone Density Scan: Upheld

Claims Administrator guideline: The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation ACOG-Guidelines for Clinical Management of Osteoporosis.

MAXIMUS guideline: The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation xOther Medical Treatment Guideline or Medical Evidence: American College of Gynecology (ACOG)- and USPTF Task Force.

Decision rationale: The ACOEM and MTUS guidelines do not comment on DEXA scans. According to ACOG, DEXA scans are indicated for those over 65 or under 65 with risk of osteoporosis, family history of hip fractures, steroid use, type 1 diabetes, kidney disease, thyroid

disorder or x-ray showing osteoporosis. The clinical notes provided did not indicate the disease states or family risk factors above. The request for a DEXA is therefore not medically necessary.