

Case Number:	CM14-0078206		
Date Assigned:	07/18/2014	Date of Injury:	02/11/2012
Decision Date:	09/17/2014	UR Denial Date:	05/23/2014
Priority:	Standard	Application Received:	05/28/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Physical Medicine & Rehabilitation and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

According to the records made available for review, this is a 41-year-old female with a 2/11/12 date of injury. At the time (5/23/14) of request for authorization for MRI of the lumbar spine without dye, there is documentation of subjective (back pain about the belt line area, pain rated 10/10) and objective (decreased lumbar spine range of motion, positive straight leg raise on the left for low back pain without radiation to the lower extremities, straight leg raise less positive on the right without radiation to the lower extremities, 5/5 motor strength, and sensation intact) findings, imaging findings (lumbar spine MRI (7/29/13) report revealed 3-4 mm disc protrusion at L5-S1 level without significant stenosis and without neural compression; L4-5 1-2 mm disc bulge without significant stenosis), current diagnoses (lumbar disc syndrome L5-S1 (4-5 mm) with mild degenerative facet joint disease bilaterally L5-S1 and left greater than right lower extremity L5 lumbar radiculitis), and treatment to date (activity modification and medications). There is no documentation of a diagnosis/condition (with supportive subjective/objective findings) for which a repeat study is indicated.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

MRI of the lumbar spine without dye: Upheld

Claims Administrator guideline: The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation Official Disability guidelines.

MAXIMUS guideline: Decision based on MTUS ACOEM Chapter 12 Low Back Complaints Page(s): 303-304. Decision based on Non-MTUS Citation Other Medical Treatment Guideline or Medical Evidence: Official Disability Guidelines (ODG) Minnesota Rules, 5221.6100 Parameters for Medical Imaging.

Decision rationale: MTUS reference to ACOEM guidelines identifies documentation of red flag diagnoses where plain film radiographs are negative; objective findings that identify specific nerve compromise on the neurologic examination, failure of conservative treatment, and who are considered for surgery, as criteria necessary to support the medical necessity of MRI. ODG identifies documentation of a diagnosis/condition (with supportive subjective/objective findings) for which a repeat study is indicated (such as: To diagnose a suspected fracture or suspected dislocation, to monitor a therapy or treatment which is known to result in a change in imaging findings and imaging of these changes are necessary to determine the efficacy of the therapy or treatment (repeat imaging is not appropriate solely to determine the efficacy of physical therapy or chiropractic treatment), to follow up a surgical procedure, to diagnose a change in the patient's condition marked by new or altered physical findings) as criteria necessary to support the medical necessity of a repeat MRI. Within the medical information available for review, there is documentation of diagnoses of lumbar disc syndrome L5-S1 (4-5 mm) with mild degenerative facet joint disease bilaterally L5-S1 and left greater than right lower extremity L5 lumbar radiculitis. In addition, there is documentation of previous lumbar spine MRI (7/29/13) revealing 3-4 mm disc protrusion at L5-S1 level without significant stenosis and without neural compression; L4-5 1-2 mm disc bulge without significant stenosis. However, there is no documentation of a diagnosis/condition (with supportive subjective/objective findings) for which a repeat study is indicated. Therefore, based on guidelines and a review of the evidence, the request for MRI of the lumbar spine without dye is not medically necessary.