

Case Number:	CM14-0074719		
Date Assigned:	07/16/2014	Date of Injury:	04/08/2001
Decision Date:	11/10/2014	UR Denial Date:	05/08/2014
Priority:	Standard	Application Received:	05/22/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Anesthesiology, has a subspecialty in Pain Medicine, and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

According to the records made available for review, this is a 73-year-old female with a 4/6/01 date of injury, and status post carpal tunnel release, status post right knee arthroscopy. At the time (5/8/14) of request for authorization for Oxycodone tab 20mg days supply 30 qty 60, there is documentation of subjective (neck pain and mid back pain, stiffness, weakness, and generalized discomfort) and objective (reduced range of motion of the cervical and thoracic spine, reduced sensation and strength in the bilateral C6 distribution, tender, painful bilateral cervical and thoracic paraspinal musculature, spasm, absent bilateral biceps tendon reflexes, and reduced sensation in the distribution of the bilateral T4 nerve roots) findings, current diagnoses (cervical spine disc syndrome with sprain/strain disorder and radiculopathy, thoracic spine disc syndrome with sprain/strain disorder and radiculopathy, status post arthroscopy surgery to the right knee 2010), and treatment to date (medications (including Oxycodone since at least 5/13)). There is no documentation that the prescriptions are from a single practitioner and are taken as directed; that the lowest possible dose is being prescribed; and that there will be ongoing review and documentation of pain relief, functional status, appropriate medication use, and side effects; and functional benefit or improvement as a reduction in work restrictions; an increase in activity tolerance; and/or a reduction in the use of medications as a result of Oxycodone use to date.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Oxycodone tab 20mg days supply 30 qty 60: Upheld

Claims Administrator guideline: Decision based on MTUS Chronic Pain Treatment Guidelines Opioids Page(s): not given.

MAXIMUS guideline: Decision based on MTUS Chronic Pain Treatment Guidelines Opioids, Page(s): 74-80. Decision based on Non-MTUS Citation Other Medical Treatment Guideline or Medical Evidence: Title 8, California Code of Regulations, section 9792.20

Decision rationale: MTUS Chronic Pain Medical Treatment Guidelines necessitate documentation that the prescriptions are from a single practitioner and are taken as directed; the lowest possible dose is being prescribed; and there will be ongoing review and documentation of pain relief, functional status, appropriate medication use, and side effects, as criteria necessary to support the medical necessity of opioids. MTUS-Definitions identifies that any treatment intervention should not be continued in the absence of functional benefit or improvement as a reduction in work restrictions; an increase in activity tolerance; and/or a reduction in the use of medications or medical services. Within the medical information available for review, there is documentation of diagnoses of cervical spine disc syndrome with sprain/strain disorder and radiculopathy, thoracic spine disc syndrome with sprain/strain disorder and radiculopathy, status post arthroscopy surgery to the right knee 2010. However, there is no documentation that the prescriptions are from a single practitioner and are taken as directed; that the lowest possible dose is being prescribed; and that there will be ongoing review and documentation of pain relief, functional status, appropriate medication use, and side effects. In addition, given medical records reflecting prescription for Oxycodone since at least 5/13, there is no documentation of functional benefit or improvement as a reduction in work restrictions; an increase in activity tolerance; and/or a reduction in the use of medications as a result of Oxycodone use to date. Therefore, based on guidelines and a review of the evidence, the request for Oxycodone tab 20mg days supply 30 qty 60 is not medically necessary.