

<b>Case Number:</b>	CM14-0071149		
<b>Date Assigned:</b>	06/04/2014	<b>Date of Injury:</b>	02/29/2012
<b>Decision Date:</b>	07/31/2014	<b>UR Denial Date:</b>	04/17/2014
<b>Priority:</b>	Standard	<b>Application Received:</b>	05/16/2014

### HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Orthopedic Surgery and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

### CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

This is a 44-year-old female who sustained an injury to her left shoulder as a result of repetitive work activities on 2/29/12. The records provided for review include a prior utilization review documenting certification for the claimant is undergo left shoulder arthroscopy, lysis of adhesions, and manipulation under anesthesia. There is currently a clinical request for preoperative medical clearance evaluation for this individual before the proposed surgery. The medical records do not document any evidence of underlying comorbidities or medical diagnoses that would pose as risk factors.

### IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

**Pre operative medical clearance:** Upheld

**Claims Administrator guideline:** The Claims Administrator did not cite any medical evidence for its decision.

**MAXIMUS guideline:** The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation American College of Occupational and Environmental Medicine (ACOEM), 2nd Edition, (2004), Chapter 7, Independent Medical Examinations and Consultations, page 127.

**Decision rationale:** Based on California ACOEM Guidelines, preoperative medical clearance would not be indicated in this case. The records provided for review indicate that this is an otherwise healthy 44-year-old female with a diagnosis of adhesive capsulitis scheduled to undergo shoulder arthroscopy and manipulation under anesthesia. Without documentation of underlying comorbidities or medical issues, the request for preoperative medical clearance in this 44-year-old female would not be supported as medically necessary.