

Case Number:	CM14-0070987		
Date Assigned:	07/14/2014	Date of Injury:	09/26/2011
Decision Date:	08/13/2014	UR Denial Date:	04/22/2014
Priority:	Standard	Application Received:	05/16/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Family Medicine and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

38 yr. old female sustained a work related injury on 9/26/11 involving the neck, wrist, shoulders and back. She had a diagnosis of lumbar strain, right shoulder impingement, and wrist tendonitis. She had been treated with analgesics including: nonsteroidal anti-inflammatory drugs (NSAIDs), opioids, and muscle relaxants. She had also undergone epidural steroid injections. The treating physician ordered DNA testing due to the prolonged use of narcotics.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

DNA Testing For Prolonged Use Of Analgesics/Narcotics: Upheld

Claims Administrator guideline: The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation Official disability guidelines .integrated treatment / disability duration guidelines .pain ,chronic.

MAXIMUS guideline: Decision based on MTUS Chronic Pain Treatment Guidelines Opioids Page(s): 42,82-92.

Decision rationale: According to the MTUS guidelines, DNA testing is not recommended. There is no current evidence to support the use of DNA testing for the diagnosis of pain, including chronic pain. There were no prior urine drug screen results that indicated

noncompliance, substance abuse or other inappropriate activity. The use of DNA testing is not medically necessary.