

<b>Case Number:</b>	CM14-0039980		
<b>Date Assigned:</b>	06/27/2014	<b>Date of Injury:</b>	03/09/2012
<b>Decision Date:</b>	08/11/2014	<b>UR Denial Date:</b>	03/07/2014
<b>Priority:</b>	Standard	<b>Application Received:</b>	04/04/2014

### HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Physical Medicine & Rehabilitation and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

### CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

According to the records made available for review, this is a 58-year-old male with a 3/9/12 date of injury. At the time (3/7/14) of the Decision for Ketop/Lidoc/Cap/Tram (med) 15%/1%/0.012%/5% liquid quantity 60 and Flur/Cyclo/Caps/Lid cream 10%/2%/0.012% 1% cream, quantity 60, there is documentation of subjective (right knee and right shoulder pain) and objective (decreased right shoulder range of motion, tenderness at the subacromial bursa, and positive impingement sign) findings, current diagnoses (lumbar discopathy, right carpal tunnel syndrome, right knee medial meniscus tear, and bilateral plantar fasciitis), and treatment to date (medications and physical therapy).

### IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

**Ketop/Lidoc/Cap/Tram (med) 15%/1%/0.012%/5% liquid quantity 60:** Upheld

**Claims Administrator guideline:** Decision based on MTUS Chronic Pain Treatment Guidelines Topical analgesics.

**MAXIMUS guideline:** Decision based on MTUS Chronic Pain Treatment Guidelines Topical Analgesics Page(s): 111-113.

**Decision rationale:** The MTUS Chronic Pain Medical Treatment Guidelines identifies that many agents are compounded as monotherapy or in combination for pain control; that

ketoprofen, lidocaine (in creams, lotion or gels), capsaicin in a 0.0375% formulation, baclofen and other muscle relaxants, and gabapentin and other antiepilepsy drugs are not recommended for topical applications; and that any compounded product that contains at least one drug (or drug class) that is not recommended, is not recommended. Within the medical information available for review, there is documentation of diagnoses of lumbar discopathy, right carpal tunnel syndrome, right knee medial meniscus tear, and bilateral plantar fasciitis. However, Ketop/Lidoc/Cap/Tram (med) 15%/1%/0.012%/5% contains at least one drug (ketoprofen, lidocaine, and capsaicin) that is not recommended. Therefore, based on guidelines and a review of the evidence, the request for Ketop/Lidoc/Cap/Tram (med) 15%/1%/0.012%/5% liquid is not medically necessary.

**Flur/Cyclo/Caps/Lid cream 10%/2%/0.0125%1% cream, quantity 60:** Upheld

**Claims Administrator guideline:** Decision based on MTUS Chronic Pain Treatment Guidelines Topical analgesics.

**MAXIMUS guideline:** Decision based on MTUS Chronic Pain Treatment Guidelines Topical Analgesics Page(s): 111-113.

**Decision rationale:** The MTUS Chronic Pain Medical Treatment Guidelines identifies that many agents are compounded as monotherapy or in combination for pain control; that ketoprofen, lidocaine (in creams, lotion or gels), capsaicin in a 0.0375% formulation, baclofen and other muscle relaxants, and gabapentin and other antiepilepsy drugs are not recommended for topical applications; and that any compounded product that contains at least one drug (or drug class) that is not recommended, is not recommended. Within the medical information available for review, there is documentation of diagnoses of lumbar discopathy, right carpal tunnel syndrome, right knee medial meniscus tear, and bilateral plantar fasciitis. However, Flur/Cyclo/Caps/Lid cream contains at least one drug (ketoprofen, lidocaine, and capsaicin) that is not recommended. Therefore, based on guidelines and a review of the evidence, the request for Flur/Cyclo/Caps/Lid cream is not medically necessary.