

Case Number:	CM14-0022294		
Date Assigned:	05/09/2014	Date of Injury:	11/15/2012
Decision Date:	07/11/2014	UR Denial Date:	02/04/2014
Priority:	Standard	Application Received:	02/21/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Orthopedic Surgery, and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

This case involves a claimant who sustained an industrial injury to the right knee in 2012. The claimant is status post right knee arthroscopy with partial medial and lateral meniscectomies, chondroplasty, and microfracture of the medial femoral condyle. The claimant is status post lateral retinacular release on 12/12/13. The medical records provided for review document the completion of 12 visits of postoperative physical therapy.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

ADDITIONAL POSTOPERATIVE PHYSICAL THERAPY, 3 X 4, TO THE RIGHT KNEE: Upheld

Claims Administrator guideline: Decision based on MTUS Postsurgical Treatment Guidelines.

MAXIMUS guideline: Decision based on MTUS Postsurgical Treatment Guidelines Page(s): 24.

Decision rationale: This case involves a claimant who sustained an industrial injury to the right knee in 2012. The claimant is status post right knee arthroscopy with partial medial and lateral meniscectomies, chondroplasty, and microfracture of the medial femoral condyle. The claimant is status post lateral retinacular release on 12/12/13. The medical records provided for review document the completion of 12 visits of postoperative physical therapy.

