

Case Number:	CM14-0182016		
Date Assigned:	11/06/2014	Date of Injury:	11/08/2001
Decision Date:	12/09/2014	UR Denial Date:	10/04/2014
Priority:	Standard	Application Received:	11/03/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is licensed in Acupuncture and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

This is a 56 y/o female patient with pain complains of her neck and lower back. Diagnoses included status post lumbar fusion, status post cervical discectomy and fusion. Previous treatments included: epidural injections, trigger point injections, oral medication, physical therapy, acupuncture (unknown number of sessions completed, gains described as symptom reduction) and work modifications amongst others. As the patient continued symptomatic, a request for additional acupuncture x8 was made on 09-22-14 by the PTP. The requested care was denied on 10-04-14 by the UR reviewer. The reviewer rationale was "there is no functional improvement documented from completed sessions. Furthermore, it is unclear the number of sessions the patient has completed to date".

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Additional 8 Acupuncture sessions: Upheld

Claims Administrator guideline: Decision based on MTUS Acupuncture Treatment Guidelines.

MAXIMUS guideline: Decision based on MTUS Acupuncture Treatment Guidelines.

Decision rationale: The guidelines note that the amount of acupuncture to produce functional improvement is 3 to 6 treatments. The same guidelines read extension of acupuncture care could

be supported for medical necessity "if functional improvement is documented as either a clinically significant improvement in activities of daily living or a reduction in work restrictions and a reduction in the dependency on continued medical treatment."After an unknown number of prior acupuncture sessions (reported as beneficial in reducing symptoms), no evidence of any sustained, significant, objective functional improvement (medication intake reduction, work restrictions reduction, function-activities of daily living improvement etc) obtained with previous acupuncture was provided to support the reasonableness and necessity of the additional acupuncture requested.In addition the request is for acupuncture x8, number that is exceeding the guidelines without a medical reasoning to support such request. Therefore, the additional acupuncture x8 is not supported for medical necessity.