

Case Number:	CM14-0175151		
Date Assigned:	10/28/2014	Date of Injury:	06/11/2012
Decision Date:	12/17/2014	UR Denial Date:	10/03/2014
Priority:	Standard	Application Received:	10/22/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is a licensed Chiropractor and Acupuncturist and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The injured worker is a 45 year old female who reported left shoulder and back pain from injury sustained on 06/11/12 due to repetitive trauma of repetitive carrying; lifting of boxes weighing approximately 30-40 lbs. X-rays of the left shoulder revealed calcification adjacent to greater tuberosity, AC joint degenerative changes. MRI of the left shoulder revealed full thickness supraspinatus tear. Patient is diagnosed with carpal tunnel syndrome left forearm muscle strain; status post left shoulder arthroscopic surgery; left rotator cuff syndrome. Patient has been treated with medication, surgery, physical therapy and acupuncture. Per medical notes dated 05/21/14, patient complains of left shoulder pain which is aching and cramping. Pain is rated at 8/10 and is intermittent, radiating to the wrist/hand. Pain is aggravated by left shoulder motion and is alleviated with rest. Patient completed 12 sessions of acupuncture with significant reduction in pain and spasm. Provider requested additional 2X3 acupuncture sessions for back and shoulder. There is no assessment in the provided medical records of functional efficacy with prior acupuncture visits. Medical reports reveal little evidence of significant changes or improvement in findings, revealing a patient who has not achieved significant objective functional improvement to warrant additional treatment.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Acupuncture 2 x 3, thoracic, shoulder: Upheld

Claims Administrator guideline: Decision based on MTUS Acupuncture Treatment Guidelines.

MAXIMUS guideline: Decision based on MTUS Acupuncture Treatment Guidelines.

Decision rationale: Per MTUS- Section 9792.24.1 Acupuncture Medical treatment Guidelines page 8-9. "Acupuncture is used as an option when pain medication is reduced and not tolerated, it may be used as an adjunct to physical rehabilitation and/or surgical intervention to hasten functional recovery". "Time to produce function improvement: 3-6 treatments. 2) Frequency: 1-3 times per week. 3) Optimum duration: 1-2 months. Acupuncture treatments may be extended if functional improvement is documented". Patient has had prior acupuncture treatment. Per medical notes dated 05/21/14, patient completed 12 sessions of acupuncture with significant reduction in pain and spasm. Provider requested additional 2X3 acupuncture sessions for mid back and shoulder pain. There is no assessment in the provided medical records of functional efficacy with prior acupuncture visits. Medical reports reveal little evidence of significant changes or improvement in findings, revealing a patient who has not achieved significant objective functional improvement to warrant additional treatment. Additional visits may be rendered if the patient has documented objective functional improvement. Per MTUS guidelines, Functional improvement means either a clinically significant improvement in activities of daily living or a reduction in work restrictions as measured during the history and physical exam or decrease in medication intake. Per review of evidence and guidelines, 2x3 acupuncture treatments are not medically necessary.