

Case Number:	CM14-0158533		
Date Assigned:	10/02/2014	Date of Injury:	08/02/2013
Decision Date:	12/08/2014	UR Denial Date:	08/28/2014
Priority:	Standard	Application Received:	09/26/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is a licensed Acupuncturist, and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

This is a 41 y/o female patient with pain complains of right hand-wrist. Diagnoses included right carpal tunnel release. Previous treatments included: oral medication, physical therapy, acupuncture (unknown number of prior sessions or gains obtained) and work modifications amongst others. As the patient continued symptomatic, a request for additional acupuncture x8 was made by the PTP. The requested care was denied on 08-28-14 by the UR reviewer. The reviewer rationale was "patient has been treated since 03-28-14 without any documentation of objective functional improvement".

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

CONTINUED ACUPUNCTURE 2 X 4 TO RIGHT HAND/WRISTS: Upheld

Claims Administrator guideline: Decision based on MTUS Acupuncture Treatment Guidelines.

MAXIMUS guideline: Decision based on MTUS Acupuncture Treatment Guidelines.

Decision rationale: The current mandated guidelines note that the amount of acupuncture to produce functional improvement is 3 to 6 treatments. The same guidelines read extension of acupuncture care could be supported for medical necessity "if functional improvement is documented as either a clinically significant improvement in activities of daily living or a

reduction in work restrictions and a reduction in the dependency on continued medical treatment. "After an unknown number of prior acupuncture sessions were rendered, no evidence of any significant, objective functional improvement (medication intake reduction, work restrictions reduction, activities of daily living improvement etc.) obtained with previous acupuncture was provided to support the reasonableness and necessity of the additional acupuncture requested. In addition the request is for acupuncture x8, number that is exceeding the guidelines without documenting any extraordinary circumstances to support such request. Therefore, the additional acupuncture x8 is not supported for medical necessity.