

Case Number:	CM14-0155769		
Date Assigned:	09/25/2014	Date of Injury:	04/14/1999
Decision Date:	11/24/2014	UR Denial Date:	08/19/2014
Priority:	Standard	Application Received:	09/23/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Occupational Medicine and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

According to the records made available for review, this is a 55-year-old female with a 4/14/99 date of injury. At the time (8/19/14) of the Decision for Baclofen 2%-Cyclo 2%-Kato 15%-Lidocaine 5%- RM60 BCKL Compound Cream, there is documentation of subjective (acute neck pain and spasms, chronic daily headaches associated with nausea, and depression/anxiety) and objective (cervical spasms) findings. The current diagnoses include cervical disc disease, lumbar sprain/strain, radiculopathy, thoracic sprain/strain, headache, and anxiety. The treatment to date includes medications (including Clonazepam, Tramadol, Baclofen, and Meloxicam).

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Baclofen 2%-Cyclo 2%-Kato 15%-Lidocaine 5%- RM60 BCKL Compound Cream:
Upheld

Claims Administrator guideline: Decision based on MTUS Chronic Pain Treatment Guidelines Topical Analgesics.

MAXIMUS guideline: Decision based on MTUS Chronic Pain Treatment Guidelines TOPICAL ANALGESICS Page(s): 111-113.

Decision rationale: The MTUS Chronic Pain Medical Treatment Guidelines identifies that many agents are compounded as monotherapy or in combination for pain control; that

Ketoprofen, Lidocaine (in creams, lotion or gels), Capsaicin in a 0.0375% formulation, Baclofen and other muscle relaxants, and Gabapentin and other antiepilepsy drugs are not recommended for topical applications; and that any compounded product that contains at least one drug (or drug class) that is not recommended, is not recommended. Within the medical information available for review, there is documentation of diagnoses of status post revision lumbar fusion, status post previous lumbar fusion, lumbar discogenic disease, possible early sacroiliac joint dysfunction, cervical strain, and cervical spine degenerative disc disease. However, the requested compounded medication consists of at least one drug (Lidocaine) and drug class (muscle relaxants) that is not recommended. Therefore, based on guidelines and a review of the evidence, the request for Baclofen 2%-Cyclo 2%-Kato 15%-Lidocaine 5%- RM60 BCKL Compound Cream is not medically necessary.