

Case Number:	CM14-0153987		
Date Assigned:	09/23/2014	Date of Injury:	10/09/2006
Decision Date:	10/24/2014	UR Denial Date:	09/13/2014
Priority:	Standard	Application Received:	09/22/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Anesthesiology, has a subspecialty in Pain Management and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

According to the records made available for review, this is a 59-year-old male with a 10/9/06 date of injury. At the time (9/12/14) of Decision for Prospective Request for 1 Prescription of Norco (Hydrocodone-Acetaminophen) 10/325 #90, there is documentation of subjective (low back pain and left shoulder pain) and objective (antalgic gait, difficulty transferring from sitting to standing position, and decreased range of motion of the lumbar spine) findings, current diagnoses (lumbar disc displacement, lumbar radiculopathy, myalgia, and myositis), and treatment to date (medications (including ongoing treatment with Norco)). Medical reports identify a signed opiate agreement; and a decrease in pain level and increase in family/home responsibilities, recreational activities, social activity, self-care and sleep with medication use.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Prospective Request for 1 Prescription of Norco (Hydrocodone-Acetaminophen) 10/325 #90: Overturned

Claims Administrator guideline: Decision based on MTUS Chronic Pain Treatment Guidelines.

MAXIMUS guideline: Decision based on MTUS Chronic Pain Treatment Guidelines Opioids Page(s): 74-80. Decision based on Non-MTUS Citation Other Medical Treatment Guideline or Medical Evidence: Title 8, California Code of Regulations.

Decision rationale: MTUS Chronic Pain Medical Treatment Guidelines necessitate documentation that the prescriptions are from a single practitioner and are taken as directed; the lowest possible dose is being prescribed; and there will be ongoing review and documentation of pain relief, functional status, appropriate medication use, and side effects, as criteria necessary to support the medical necessity of opioids. MTUS-Definitions identifies that any treatment intervention should not be continued in the absence of functional benefit or improvement as a reduction in work restrictions; an increase in activity tolerance; and/or a reduction in the use of medications or medical services. Within the medical information available for review, there is documentation of diagnoses of lumbar disc displacement, lumbar radiculopathy, myalgia, and myositis. In addition, given documentation of ongoing treatment with Norco and a signed opiate contract, there is documentation that the prescriptions are from a single practitioner and are taken as directed; the lowest possible dose is being prescribed; and there will be ongoing review and documentation of pain relief, functional status, appropriate medication use, and side effects. Furthermore, given documentation of medical reports identifying decrease in pain level and increase in family/home responsibilities, recreational activities, social activity, self-care, and sleep with medication use, there is documentation of functional benefit and improvement as an increase in activity tolerance as a result of Norco use to date. Therefore, based on guidelines and a review of the evidence, the request for Norco 10/325 #90 with 2 refills is medically necessary.