

Case Number:	CM14-0153870		
Date Assigned:	09/23/2014	Date of Injury:	10/20/2013
Decision Date:	10/31/2014	UR Denial Date:	08/26/2014
Priority:	Standard	Application Received:	09/21/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Family Medicine, and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

This is a 47 year old male with a 10/20/2013 date of injury. The exact mechanism of the original injury was not clearly described. A progress reported dated 7/16/14 noted subjective complaints of ankle pain. Objective findings included FROM of ankle. Diagnostic Impression: synovitis ankle and foot. Treatment to Date: Medication Management. A UR decision dated 8/26/14 denied the request for PRP injection left tibialis anterior tendon. Guidelines do not recommend use of PRP injections in the ankle. Apart from this specific issue, the provider's own documentation does not give correlation between clinical localization of complaints and the proposed site of injection.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Platelet-Rich Plasma (PRP) Injection, left tibialis anterior tendon: Upheld

Claims Administrator guideline: The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation Official Disability Guidelines (ODG), Ankle Guidelines

MAXIMUS guideline: Decision based on MTUS ACOEM Chapter 14 Ankle and Foot Complaints Page(s): 369-371. Decision based on Non-MTUS Citation Official Disability Guidelines (ODG) ankle and foot chapter

Decision rationale: This is a 47 year old male with a 10/20/2013 date of injury. The exact mechanism of the original injury was not clearly described. A progress reported dated 7/16/14 noted subjective complaints of ankle pain. Objective findings included FROM of ankle. Diagnostic Impression: synovitis ankle and foot. Treatment to Date: Medication Management. A UR decision dated 8/26/14 denied the request for PRP injection left tibialis anterior tendon. Guidelines do not recommend use of PRP injections in the ankle. Apart from this specific issue, the provider's own documentation does not give correlation between clinical localization of complaints and the proposed site of injection. Therefore, this request is not medically necessary.