

Case Number:	CM14-0152552		
Date Assigned:	09/22/2014	Date of Injury:	07/31/2013
Decision Date:	10/22/2014	UR Denial Date:	09/15/2014
Priority:	Standard	Application Received:	09/18/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Anesthesiology, has a subspecialty in Pain Medicine and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

Patient is a 60 year old male with a 07/31/13 date of injury. Progress report dated 08/28/14 states complaints of moderate to severe left foot pain. Pain levels slight at rest and moderate/severe with increased activity. Objective findings state muscle tenderness. Diagnosis: Foot injury. Request is continuation of chiropractic care x 6 visits.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Chiropractic visits QTY: 6.00: Upheld

Claims Administrator guideline: Decision based on MTUS Chronic Pain Treatment Guidelines Chiropractic Therapy, Manual Therapy & Manipulation Page(s): 58.

MAXIMUS guideline: Decision based on MTUS ACOEM Chapter 14 Ankle and Foot Complaints Page(s): 369-371.

Decision rationale: CA MTUS concludes that manipulation has not been shown to be effective in alleviating foot or ankle pain. There is also no documented evidence of efficacy of the completed sessions. The request for continuation of Chiropractic visits x6 is not medically necessary.